# A GUIDE TO YOUR HIGH SCHOOL EDUCATION

## 2024

THE GUIDANCE AND COUNSELING DEPARTMENT

VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT

VALLEY STREAM, NEW YORK

www.vschsd.org

# VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT
**One Kent Road, Valley Stream, New York 11580**
**www.vschsd.org**

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Mrs. Kelly Whitney-Rivera

Dear Valley Stream Eighth Grade Students and Parents:

This booklet and conference was developed and designed to provide you with all the information needed to understand the high school academic curriculum and the graduation requirements. It also includes important information regarding the college planning process.

The counseling staff is here to assist you on the journey to planning your future. We will answer any questions that you may have along the way. Do not hesitate to call and/or set up appointments with your counselor.

The Valley Stream Central High School District's Guidance Department hopes that you find this guide and conference informative. Special thanks to Mrs. Grace Pariti of North High School for designing many of the charts that are in this booklet and Mrs. Barbara Madigan of South High School for helping create the study websites guide. Kudos as well to the other Junior High School counselors who helped in the creation, design and update of this guide.

Sincerely,

Mrs. Kelly Whitney-Rivera
Director of Guidance and Chief Information Officer



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# VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT
# 8TH GRADE CONFERENCE CHECK LIST

Student _____ Counselor _____

_____1. Review of Report Card/Progress Report

_____2. Study Websites (pg. 5)

_____3. Post High School/Career Plan Form (pg. 7)

_____4. Extra Help, Peer Tutoring (pg. 8)

_____5. Initial Career Search - Guidance Direct/Naviance/Parent Portal Log on Information (pgs. 9-11)

_____6. High School Graduation Requirements (pg. 12)

_____7. Diploma Credential Requirements (pgs. 13-19)

_____8. Review program of courses for 9th grade (pgs. 21-27)

_____9. 8th Grade State Test Schedule (pgs. 28-29)

_____10. Brief overview of College Entrance Tests (PSAT/NMSQT, SAT Reasoning Test, SAT Subject Tests, and ACT) (pg. 30-31)

_____11. College and Career Websites (pgs. 32-33)

_____12. Honor Societies/Extracurricular Activities/Community Service (pgs. 34-35)

_____13. High School Resume and Resume Worksheet (pgs. 36-37)

_____14. Student Service Log (pg. 39)

_____15. Sample Transcript (pg. 41)

_____16. Notes (pg. 43)

*Student Signature* _____ *Parent Signature* _____

***Please visit the Guidance website at www.vschsd.org***



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| STUDY WEBSITES | |
|---|---|
| **http://phet.colorado.edu** | Interactive research based simulations of physical phenomena. Includes Physics, Biology, Chemistry, Earth Science and Math. |
| **www.castlelearning.com** | Supports classroom instruction. Includes over 70,000 field-tested questions supported by defined vocabulary, reference tables, hints and reasons for correct answers in math, science, social studies, English and foreign languages. Core courses for grades 3-12 are correlated to standard curriculum. Sign on through classlink. |
| **www.regentsprep.org** | Provides Regents prep for all Regents exams, including thematic review, practice questions, old Regents exams and study materials. ***(See Attachment #3 for instructions for this site)*** |
| **www.collegeboard.org** | Provides information about all AP courses including course descriptions, exam questions, exam schedules and fees. There is also a link that discusses the benefits of taking an AP course and exam. AP students SHOULD utilize the resources on this site. |
| **www.brainpop.com** | This site needs to be subscribed to. It is amazing and has a little cartoon explaining something, then a self-check quiz. There are also supplemental worksheets that go along with it. |
| **www.arounder.com** | Students can take 360º degree virtual tours of historically and culturally important sites around the world. |
| **www.wikipedia.org** | Wikipedia is a free online encyclopedia. It is written collaboratively by millions of volunteers writers around the world. It was launched in 2001 and has quickly become the largest and most popular online general reference tool. |
| **www.watchknow.com** | Videos organized by subject. Additionally, students can utilize the search function to find a video clip of a specific event/topic |
| **www.khanacademy.org** | Educational YouTube videos arranged by topic. (as seen on ***"60 Minutes"***) |
| **www.freerice.com** | Vocabulary practice. |

***For more websites – download a "Guide to Study Websites" on the District's website under the Guidance Tab***



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Last Name_____ First Name_____

## WHY COLLEGE?

Median Weekly Salaries – If you have the following degrees, this is the average salary you earn per week (from the Bureau of Labor Statistics, April 2024):

- **Masters and Above** **$ 1,737**
- **Bachelors** **$ 1,493**
- **Associates** **$ 1,058**
- **High School Diploma** **$ 708**
- **No High School Diploma** **$ 899**

**Education is the key!!!**

## POST HIGH SCHOOL PLANS

***Check One:***

_____ College

_____ Vocational Training

_____ Military

_____ Undecided

_____ Directly to Post High School Employment

Discuss necessary prerequisites, opportunities, and options.

## CAREER PLAN

List One Occupation You Are Considering:_____

Discuss necessary prerequisites, options, and academic expectations.



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# EXTRA HELP
# (Homework Club/Peer Tutoring)

Valley Stream Central High School District is committed to providing extra help for its students.

Extra help is offered by every teacher and a schedule will be provided by your school. Students should check with their individual teacher(s) for the scheduled place and time. Regents Review classes are offered after school for all students. Schedules of these classes are usually announced. It is recommended that **all** students should attend these classes.

In addition, there is an array of resources available at our four schools throughout the district. The following is a breakdown, by school, of supportive services available to our students.

**Memorial Junior High School**

- ***Homework Club*** is available Monday & Thursday from 3:15 to 4:00 P.M. for students to do homework, study quietly or work in small groups. In addition, the Homework Club Advisor is available to provide assistance on an as needed basis.
- ***PALS (Peer Assisted Learning Service)*** are students who volunteer to tutor their peers On Wednesdays. Students should see their school counselor for more details.
- ***The Eagle Connection Tutoring Program.*** Homework help/tutoring is available for all students on Thursdays from 6:00 to 7:00 p.m. at Central High School. Students can complete homework and study with the help of high school student tutors.
- ***Central HS Tutorial Referrals*****,** names and phone numbers of high school student tutors are kept on file in the guidance office. Contact your child's school counselor for more information.

**North High School**

- Students inducted into ***National Honor Society*** provide peer-tutoring services that are arranged by appointment between tutor and tutee. Students are advised to see their school counselor for more details.
- ***Homework Club*** is available for seventh and eighth grade students Monday and Wednesday from 3:00-4:00 p.m. for students to complete homework and study with the help of high school student tutors.
- ***Tutorial referrals***, names and phone numbers of high school students tutors are kept on file in the guidance office. Contact your child's school counselor for more information.

**South High School**

- ***PAL (Peer Assisted Learning)*** is a tutoring service for students in grades 7 through 12. Students can sign up with their school counselor or the guidance assistant. Tutors meet with students for 30 minutes after school, Monday to Thursday, in the Library.
- ***Homework Help*** is available for seventh and eighth grade students Monday to Thursday from 2:43-3:13 p.m. for students to complete homework and study with the help of high school student tutors.
- ***Tutorial referrals*****,** names and phone numbers of high school students tutors are kept on file in the guidance office. Contact your child's school counselor for more information.



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# INITIAL CAREER SEARCH

All eighth graders will do an online Career Interest Inventory in their Home and Career Class. The website they use is www.guidancedirect.com. The Valley Stream Central High School District has purchased a site license for this program so the entire family can visit this website to further research career information.

Procedure:

1. Log on to www.guidancedirect.com

2. Click Student Login

3. Enter school ID
   a. #9221308 for Memorial
   b. #9225486 for North
   c. #9220964 for South

4. Enter school password:
   a. V05S0519 for Memorial
   b. V47S6734 for North
   c. V96S3420 for South

5. First time users must create a new account and enter all identification information.

6. All work can be printed, saved, and edited as needed.

7. Guidance Direct provides career inventories and career searches, college searches and scholarship searches using similar formats.

The career that your child has an interest in can be further explored by taking electives throughout high school. Electives also can provide a glimpse into other subjects for further career exploration. Summer internships and volunteer work can be a wonderful tool for exposure to types of employment as well. Please use this conference to discuss this further with your counselor.



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# FIRST TIME REGISTRATION INSTRUCTIONS FOR NAVIANCE STUDENT

**In the 9th grade:**

You will receive an invitation letter with the appropriate codes by mail.

Go to: https://student.naviance.com/vsmj (for ***VS Memorial*** Students).

https://student.naviance.com/vsnhs (for ***VS North*** Students).

https://student.naviance.com/vsshs (for ***VS South*** Students).

Enter your Registration code provided by the Guidance department.

Naviance will recognize your name and ask you to provide a valid e-mail address that will now serve as your Naviance e-mail log in/username.

You will then create a six (6) character password to access Naviance.

Click the Accept to the privacy statement and then click “Complete Registration”.

You are now a registered member of Naviance and will be able to log on to Naviance just utilizing your e-mail address and password.



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# FIRST TIME REGISTRATION INSTRUCTIONS FOR PARENT PORTAL

Go to the district website at www.vschsd.org and under ***Parent/Student Resources***, on the right-hand side, go to ***Parent/Student Portal*** and click on it.

On the Welcome to Parent/Student Portal screen, go down to ***For parent/student Portal access click this link.***

At the Parent Portal screen, go down to ***First time here? Click here to create a new account.*** Follow the steps to sign up. In the School District box, start to input Valley Stream CHSD (as you type it will show up in the drop down and then you can click to select it). Create a username, password, and choose a security question (in case you forget your log in). Click on ***Create Account Information***.

You should receive a confirmation email from your child's school once account is activated. You can then log in any time from any computer, tablet or Smartphone with internet access to review your child's attendance, progress reports, reports cards and transcript.



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# HIGH SCHOOL GRADUATION REQUIREMENTS 2023 – 2024

| CORE SUBJECTS | REGENTS DIPLOMA *(SEE NOTE "A" BELOW)* | REGENTS DIPLOMA WITH ADVANCED DESIGNATION *(SEE NOTE "B" BELOW)* |
|---|---|---|
| English | 4 Credits + 1 Regents | 4 Credits + 1 Regents |
| Social Studies | 4 Credits + 1 Regents | 4 Credits + 1 Regents |
| Math | 3 Credits + 1 Math Regents | 3 Credits + 3 Regents |
| Science | 3 Credits + 1 Regents | 3 Credits + L.E. Regents & Physical Setting |
| Fine & Performing Arts | 1 Credit | 1 Credit |
| Physical Education | 2 Credits (4 Years) | 2 Credits (4 years) |
| Health | 0.5 Credit | 0.5 Credit |
| | **Core Credit Subtotal 17.5** | **Core Credit Subtotal 17.5** |
| World Languages *(formerly Languages Other Than English)*, CTE (Career & Technical Education) or the Arts | 1 Credit | 3 Credits (World Languages) ***or*** 1 Credit World Languages + 5 in CTE ***or*** the Arts |
| Electives | 3.5 Credits (minimum) | 1.5 Credits (minimum) |
| | ***Total Required*** | ***Total Required*** |
| ***Consult District Website for Complete Requirements*** | ***22 Credits (minimum)*** | ***22 Credits (minimum)*** |

**Note A: 4 +1 Pathways to Graduation:**

New York State requires students to take five Regents exams which are: the English Regents exam, one Math Regents, one Regents in social studies, one science Regents and one additional Regents in CTE, STEM, World Languages, Humanities or Art Pathways. The Regents exams require a passing score of 65 or better.

**Note B:**

Students who earn a Regents Diploma with Advanced Designation have the opportunity to use the 4+1 Pathways to Graduation option as well. These students would have to earn a 65 or better on seven Regents exams and have the option of selecting to take an additional exam in either a CTE, STEM, World Languages, Humanities or Art Pathway. This will total the eight exams needed to obtain a Regents Diploma with Advanced Designation.

A student may earn a Regents diploma with honors or a Regents diploma with Advanced Designation with Honors by achieving an average of 90 percent in all Regents examinations required for the diploma and taking one additional Regents examination in CTE, World Languages, STEM, Humanities or Arts Pathways.

Students who first enter grade nine in September 2009 and thereafter who complete all coursework and testing requirements for the Regents diploma with Advanced Designation in mathematics and/or science, and who pass with a score of 85 or better, three commencement-level Regents examinations in mathematics and/or three commencement-level Regents examinations in science, will earn a Regents diploma with Advanced Designation, with an annotation on the diploma that denotes mastery in mathematics and/or science, as applicable.

To appeal a Regents exam score students must have earned a 65 or better on four exams previously.

Please Note: Students with an IEP or 504 Plan may have modified graduation requirements. Please request this information at your annual meeting. Further information about diploma/credential requirements may be found in the current Course Offering information available at www.vschsd.org.

Students may meet the learning standards in technology either through a course in technology education or through an integrated course combining technology with mathematics and/or science. A commencement-level course in technology education may be used as the third unit of credit in science or mathematics, but not both. Fine and Performing Arts may include dance, music, theater and visual arts. All students must have 1 credit of World Languages, with the exception of some learning-classified students.

***Consult the District's website (www.vschsd.org), guidance section for a complete listing of graduation requirements.***

# GRADE 9 - 12 WORKSHEET

Use this sheet as a guideline in planning your four-year program

***REQUIRED: A MINIMUM OF SIX CREDITS PER YEAR PLUS PHYSICAL EDUCATION***

| SUBJECTS | REQUIRED CREDITS | IMPORTANT INFORMATION | 8th GRADE Accelerated | 9th GRADE | 10th GRADE | 11th GRADE | 12th GRADE |
|---|---|---|---|---|---|---|---|
| English | 4 | + Regents in Comprehensive English | | | | | |
| Social Studies | 4 | + Regents offered in Global History and U.S. History (1 Regents required) | | | | | |
| Mathematics | 3 | + Regents offered in<br>• Algebra 1<br>• Geometry<br>• Algebra 2 | | | | | |
| Science | 3 | + Regents offered in<br>• Living Environment<br>• Chemistry<br>• Earth Science<br>• Physics<br>(1 Regents required) | | | | | |
| Physical Education | 2 (1/2 per year) | State Required Course (4 years) | | | | | |
| Health | 1/2 | StateRequired Course | | | | | |
| World Languages | 3 | Regents Diploma Advanced (Local Exam offered) | | | | | |
| | 1 | Regents Diploma | | | | | |
| Artand/or Music | 1 | | | | | | |
| Business Education | As elective or sequence | | | | | | |
| Home Economics | As elective or sequence | | | | | | |
| Technology | As elective or sequence | | | | | | |
| Vocational Education | As elective or sequence | | | | | | |
| Driver Education | Summer School Only | | | | | | |
| Diploma Requirements | 22 Minimum | | | | | | |

**REMINDER TO STUDENTS AND PARENTS:**

Check with your school counselor each year to verify credits and courses



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# New York State Diploma/Credential Requirements

Revised June 2022

The following chart outlines the diploma and credential requirements currently in effect. The chart provides an overview of the requirements and identifies the student populations that have access to each type of diploma and non-diploma high school exiting credential. Websites are provided to offer more detailed information regarding the requirements for each diploma or credential.

For the full text of the New York State High School Diploma Requirements, reference the Commissioner's Regulations 8 CRR-NY 100.5, Diploma Requirements as well as the NYSED's General Education and Diploma Requirements webpage. Reference the Understanding NYS Diploma Requirements ~ Family Resources webpage to access three flyers and a tracking tool translated into eleven different languages.

Beginning in fall 2022, a select number of schools will pilot the Individual Arts Assessment Pathway. More information may be referenced on the Individual Arts Assessment Pathway webpage.

Additional questions pertaining to diploma or credential requirements may be directed to the Office of Curriculum and Instruction at emscgradreq@nysed.gov or (518) 474-5922.

## New York State High School Diplomas

| Diploma Type | Available to | Requirements |
|---|---|---|
| Regents Diploma | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment:**<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• successful completion of 1 Pathway[iii]; and<br>  • each Regents Exam with a score of **65 or better**[iv]<br>**Reference:** Diploma Types |
| Regents Diploma (through traditional appeal) | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment**:<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• successful completion of 1 Pathway[iii,v];<br>  • 1 of the above **Regents Exams** (including the pathway, if a Regents Exam) with a score of **60-64** for which an appeal[vi] is granted by the local district per Commissioner's Regulation 100.5(d)(7); and<br>  • remaining required Regents Exams with a score of **65 or better**[iv]<br>**Reference:** Appeals, Safety Nets, and Superintendent Determination |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Regents Diplomawith **Honors** | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment:**<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• successful completion of 1 Pathway[iii]; and<br>  • a computed average score of **90 or better** on all required Regents Exams (including the pathway, if a Regents Exam)<br><br>**Note:** No more than 2 Department approved alternatives may be substituted and will not count in the computed average. The locally developed Checkpoint B examination in world languages is not included in the computed average. In instances where students received exemptions from Regents Examinations, the calculation for the honors endorsement will be dependent upon the number of scored Regents Examinations the student has.<br>• **Students with a minimum of three scored Regents Examinations applicable to the diploma**<br>  ○ In instances where students have at least three scored Regents Examinations to be included in the assessments required for the diploma type, exemptions due to COVID-19 would be removed from the calculation. If the computed average of the Regents Examination scores required for the diploma (not including exemptions) equals 90 or above, the student earned the honors endorsement.<br>• **Students with fewer than three scored Regents Examinations applicable to the diploma**<br>  ○ The student's final course grade for each exempted Regents Examination will be substituted in the calculation for honors. If the computed average of the scored Regents Examinations and the final course grades for courses for which exemptions were granted equals 90 or above, the student earned the honors endorsement.<br><br>**Reference:** Regents Diploma with Honors |
| Regents Diplomawith **Advanced Designation** | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment:**<br>• 7 required Regents Exams[ii] distributed as follows: 3 mathematics, 2 science (one physical, one life), 1 English, 1 social studies;<br>• successful completion of 1 Pathway[iii]; and<br>  • each Regents Exam with a score of **65 or better**[iv]<br><br>**Sequence**[vii]**:** successful completion of **one** of the three sequence options:<br>  • earning an additional 2 units of credit in world languages and passing a locally developed Checkpoint B examination in world languages; or<br>  • completing a 5 unit sequence in the Arts; or<br>  • completing a 5 unit sequence in CTE<br><br>**Reference:** Diploma Types |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Regents with **Advanced Designation** with an annotation that denotes **Mastery in Mathematics** | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment and Sequence[vii]:** Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) **and** scores 85 or better on each of 3 Regents Examinations in mathematics<br><br>**Note:** Students who were exempted[iv] from a Regents Examination in mathematics (due to COVID-19 cancellations) may earn the mastery in mathematics endorsement using one of the following conditions:<br>• passed 2 Regents Examinations in mathematics with a score of 85 or higher and was granted an exemption on a third Regents Examination in mathematics; or<br>• passed 1 Regents Examination in mathematics with an 85 or higher and earned a final course grade of 85 or higher in 2 additional mathematics courses culminating in a Regents Examination for which an exemption was granted.<br><br>**Reference:** Endorsements and Seals |
| Regents with **Advanced Designation** with an annotation that denotes **Mastery in Science** | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment and Sequence[vii]:** Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) **and** scores 85 or better on each of 3 Regents Examinations in science<br><br>**Note:** Students who were exempted[iv] from a Regents Examination in science (due to COVID-19) may earn the mastery in science endorsement using one of the following conditions:<br>• passed 2 Regents Examinations in science with a score of 85 or higher and was granted an exemption on a third Regents Examination in science; or<br>• passed 1 Regents Examination in science with an 85 or higher and earned a final course grade of 85 or higher in 2 additional science courses culminating in a Regents Examination for which an exemption was granted.<br><br>**Reference:** Endorsements and Seals |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Regents with **Advanced Designation with Honors** | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment and Sequence**[vii]**:** Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) with a computed average score of **90 or better** on all Regents Exams required for the diploma<br><br>**Note:** No more than 2 Department approved alternatives may be substituted and will not count in the computed average. The locally developed Checkpoint B examination in world languages is not included in the computed average. In instances where students received exemptions from Regents Examinations, the calculation for the honors endorsement will be dependent upon the number of scored Regents Examinations the student has.<br>• **Students with a minimum of three scored Regents Examinations applicable to the diploma**<br>○ In instances where students have at least three scored Regents Examinations to be included in the assessments required for the diploma type, exemptions due to COVID-19 would be removed from the calculation. If the computed average of the Regents Examination scores required for the diploma (not including exemptions) equals 90 or above, the student earned the honors endorsement.<br>• **Students with fewer than three scored Regents Examinations applicable to the diploma**<br>○ The student's final course grade for each exempted Regents Examination will be substituted in the calculation for honors. If the computed average of the scored Regents Examinations and the final course grades for courses for which exemptions were granted equals 90 or above, the student earned the honors endorsement.<br><br>**Reference:** Regents Diploma with Advanced Designation with Honors |
| Local Diploma (through Traditional Appeal) | All student populations | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment**:<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• Successful completion of 1 Pathway[iii,v]; and<br>• 2 of the above required **Regents Exams** (including the Pathway, if a Regents Exam) with a score of **60-64** for which an appeal[vi] is granted by the local district per Commissioner's Regulation 100.5(d)(7); and<br>• remaining required Regents Exams with a score of **65 or better**[iv].<br><br>**Reference:** Appeals, Safety Nets, and Superintendent Determination |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Local Diploma | English Language Learners Only | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[j], 2 physical education, 3 ½ electives<br><br>**Assessment:**<br>• 4 required Regents Exams[ii] - (one in each discipline: English, mathematics, science, social studies)<br>• Successful completion of 1 Pathway[iii,v]; and<br>  ◦ the **ELA Regents Exam** with a score of **55-59** for which an appeal is granted by the local district per Commissioner's Regulation 100.5(d)(7);<br>  ◦ up to 1 of the above required **Regents Exam** with a score of **60-64** for which an appeal[vi] is granted by the local district per Commissioner's Regulation 100.5(d)(7);<br>  ◦ remaining required Regents Exams with a score of **65 or better**[iv]<br><br>**Note:** English Language Learners (ELL) seeking an appeal for a score of 55-59 on the ELA Regents Exam are only eligible for an appeal in this area if they entered the United States in grade 9 or after and were classified as an ELL when they took the test the second time.<br><br>**Reference:** Appeals, Safety Nets, and Superintendent Determination |
| Local Diploma | Students with disabilities with an individualized education program (IEP) or if included on the student's Section 504 Accommodation Plan | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[j], 2 physical education, and 3 ½ elective<br><br>**Assessment:**<br>**a) Low Pass Safety Net Option:**<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• Successful completion of 1 Pathway[iii]; and<br>  ◦ each Regents Exam with a score of **55 or better**[iv]<br><br>**b) Low Pass Safety Net and Appeal:**<br>• 4 required Regents Exams[ii] (one in each discipline: English, mathematics, science, social studies);<br>• Successful completion of 1 Pathway[iii,v]; and<br>  ◦ up to 2 Regents Exams with a score of 52-54 for which an appeal[vi] is granted by the local district per Commissioner's Regulation 100.5(d)(7)<br>  ◦ each remaining Regents Exam with a score of **55 or better**[iv]<br><br>**c) Compensatory Safety Net Option**: scores between 45-54 on one or more of the required science, social studies, or mathematics (as a pathway) Regents Exams, but compensates the low score with a score of 65 or higher on another required Regents Exam. **Note:** a score of at least 55 (or an approved appeal of 52-54) must be earned on both the ELA and 1 mathematics exam. A score of 65 or higher on a single examination may not be used to compensate for more than one examination for which a score of 45-54 is earned.<br><br>**Reference:** Appeals, Safety Nets, and Superintendent Determination and Information Related to Graduation Requirements for Students with Disabilities |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Local Diploma (through Superintendent Determination) | Students with disabilities with an IEP<br><br>Does **NOT INCLUDE** students with a Section 504 Accommodation Plan | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment:**<br>○ A superintendent's determination made upon a parent's written request, based on review of documentation, as to graduation-level proficiency in the subject area in which the student was not able to demonstrate proficiency of the State's learning standards through the assessment required for graduation.<br><br>To be eligible for the superintendent determination:<br>1. The student must have a current individualized education program (IEP) and be receiving special education programs and/or related services.<br>2. The student did not meet the graduation requirements through the low pass (55-64) safety net option or the compensatory option.<br>3. The student must have earned the required course credits and have passed, in accordance with district policy, all courses required for graduation, including the Regents courses to prepare for the corresponding required Regents Examination areas (English Language Arts (ELA), mathematics, social studies and science).<br>4. The student must have taken and received a minimum score of 55 on both the ELA and Mathematics Regents Examinations or successfully appealed a score between 52 and 54, except that on or after December 12, 2017, a student who was unable to achieve a minimum score of 55 or did not initiate an appeal of a score of between 52 and 54 on the English and/or Mathematics Regents Examinations may be considered an eligible student for the Superintendent Determination option, provided that the student has completed the requirements for the New York State (NYS) Career Development and Occupational Studies (CDOS) Commencement Credential.<br>5. There must be evidence that the student participated in all Regents Examinations required for graduation but has not passed one or more of these examinations.<br>6. In a subject area where the student was not able to demonstrate his/her proficiency of the State's learning standards through the Regents Examinations required for graduation (including ELA and/or mathematics if using the CDOS Commencement Credential to meet the eligibility condition(s) in #4), there must be evidence that the student has otherwise demonstrated graduation level proficiency in the subject area(s).<br><br>**Reference:** Appeals, Safety Nets, and Superintendent Determination and Information Related to Graduation Requirements for Students with Disabilities |

| Diploma Type | Available to | Requirements |
|---|---|---|
| Local Diploma (through Special Determination) | All student populations (only applies to June 2022 graduates) | **Credit:** 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages[i], 2 physical education, and 3 ½ electives<br><br>**Assessment:**<br>To be eligible for the Special Determination, the student must otherwise meet all requirements for graduation in June of 2022 and meet one of the following criteria:<br>• The student was enrolled in a course of study or make up program during the 2021-2022 school year leading to a June 2022 Regents Examination, earned credit in such course of study by the scheduled date of the Regents Examination, participated in such examination but did not achieve a passing score or qualify for a Special Appeal; or<br>• The student was enrolled in a course of study or make up program during the 2021-2022 school year that was intended to culminate in the student's participation in a June 2022 Regents Examination and the student earned credit in such course of study by the date of such examination but was unable to participate in such examination due to illness, including isolation restrictions due to COVID. Such illness must be documented by the student's physician, or in the case of COVID, in accordance with the Centers for Disease Control and Prevention (CDC) and or local guidelines for quarantine. A student absent due to COVID should follow the locally developed school or district procedures for reporting such absence.<br><br>**Reference:** Special Determination to Graduate with a Local Diploma in June 2022 |
| Local Diploma, Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a **Career and Technical Education Endorsement** | All student populations | **Credit:** Completes all credit requirements as listed above for specific diploma types and successfully completes an approved career and technical education program<br><br>**Assessment:** Achieves a passing score on State assessments as listed above for specific diploma types and successfully completes the 3 part technical assessment designated for the particular approved career and technical education program which the student has completed<br><br>**Reference:** Endorsements and Seals |
| Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a **Seal of Biliteracy** | All student populations | **Credit:** Completes all credit requirements as listed above for specific diploma types (Regents or Regents with advanced designation) and meets the criteria for earning the New York State Seal of Biliteracy<br><br>**Assessment:** Meets the criteria for Earning the New York State Seal of Biliteracy.<br><br>**Reference:** The New York State Seal of Biliteracy (NYSSB) |
| Local Diploma, Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a **Seal of Civic Readiness** | All student populations | **Credit:** Completes all credit requirements as listed above for specific diploma types (Regents or Regents with advanced designation) and meets the criteria for earning the New York State Seal of Civic Readiness<br><br>**Assessment:** Meets the criteria for earning the New York State Seal of Civic Readiness.<br><br>**Reference:** New York State Seal of Civic Readiness |

## Non-diploma High School Exiting Credentials

| Credential Type | Available to | Requirements |
|---|---|---|
| Career Development and Occupational Studies (CDOS) Commencement Credential | All students **other than** thosewho are assessed using the NYS Alternate Assessment (NYSSA) | • Completes a career plan; demonstrates attainment of the commencement level Career Development and Occupational Studies (CDOS) learning standards in the areas of career exploration and development, integrated learning and universal foundation skills; satisfactorily completes the equivalent of 2 units of study (216 hours) in Career and Technical Education coursework and work-based learning (including at least 54 hours of work-based learning); and has at least 1 completed employability profile; **or**<br>• Student meets criteria for a national work readiness credential<br><br>Note: Credential may be a supplement to a Local or Regents diploma, or, if the student is unable to meet diploma standards, the credential may be awarded as the student's exiting credential provided the student has attended school for not less than 12 years, excluding Kindergarten.<br><br>Reference: Exiting Credentials and Commissioner's Regulations 8 CRR-NY 100.6, High school exiting credentials |
| Skills and Achievement Commencement Credential | Students with severe disabilities that are assessed using the NYS Alternate Assessment (NYSAA) | All students with severe disabilities who attend school for not less than 12 years, excluding Kindergarten exit with this credential which must be accompanied by documentation of the student's skills and strengths and levels of independence in academic, career development and foundation skills needed for post-school living, learning and working.<br><br>Reference: Exiting Credentials, Special Education Field Advisory: Skills and Achievement Commencement Credential for Students with Severe Disabilities, and Commissioner's Regulations 8 CRR-NY 100.6, High school exiting credentials |

## Endnotes

i. Students with a disability may be excused from the world languages credit requirement if so indicated on the IEP but must still earn 22 units of credit to graduate.

ii. In all cases students may substitute an assessment from the list of Department Approved Alternative Examinations Acceptable for Meeting Requirements for a Local or Regents Diploma.

iii. In **addition** to passing the following 4 required Regents Exams or the corresponding Department approved alternative examination, all students must complete **1** of the following pathway options:

- earn the New York State Seal of Civic Readiness; or
- pass an additional mathematics Regents Exam in a different course or Department approved alternative; or
- pass an additional science Regents Exam in a different course or Department approved alternative; or
- pass an additional social studies Regents Exam in a different course or Department approved alternative; or
- pass an additional English assessment in a different course selected from the Department approved alternative list; or
- pass a Department Approved Pathway Assessment in the Arts; or
- pass a Department Approved Pathway Assessment in World Languages; or
- successfully complete all the requirements for the CDOS Commencement Credential; or
- successfully complete an approved CTE program, including the associated 3-part technical assessment.

The additional assessment must measure a different course than that which was measured by one of the four required exams above, or an approved pathway assessment in the Arts, CDOS, or world languages. Additional information can be referenced on the NYSED's Multiple Pathways webpage.

iv. An assessment **exemption** may be accepted in lieu of a Regents Examination, pathway assessment, or Department approved alternative exam. Additional information can be referenced in the following FAQs: June/August 2020, January 2021, June/August 2021, and January 2022, and FAQ on Cancellation of Regents Exam in US History and Government (Framework). Additionally, if a school grants a **special appeal**, the student is deemed to have met the assessment requirement. Additional information can be referenced in the Special Appeals Memo and FAQ.

v. Regents Exams used to meet the pathway requirement may be appealed.

vi. Non-Regents pathway assessments and Department approved alternative exams are not subject to the Appeal Process.

vii. Students with a disability who are excused from the world languages requirement per their IEP need not complete a sequence in world languages nor a 5 unit sequence in the Arts or CTE in order to meet the requirements for the Regents diploma with advanced designation.

# CAREER AND TECHNICAL EDUCATION

Career and Technical Education programs in the following fields (building level elective offerings):

- Business Education
- Family and Consumer Sciences
- Engineering Technology

Career preparation programs in the following curriculum areas (*in-district ½ day vocational sequence options). Only juniors and seniors may elect these programs:

- Automotive (BOCES)
- Commercial Foods
- Cosmetology
- Medical Assisting (BOCES)
- Nursing Assisting (BOCES)

Career preparation programs can be pursued at Nassau BOCES. (Go to **www.barrytech.org** for more information)

# THE ARTS

Fine and Performing Arts courses may include:

- Music (e.g. Band, Chorus, Orchestra)
- Performing Arts (at Central High School)
- Visual Arts (e.g. Studio in Art, Advertising Design)

# DUAL HIGH SCHOOL AND COLLEGE COURSES

Students may earn college credits through various universities by enrolling in the following courses and meeting entrance criteria including:

- Child Development (Adelphi University)
- College Accounting (Farmingdale State College)
- College Creative Writing (Molloy)
- College Economics (Molloy)
- College Math & Precalculus (St. John's University)
- College Level Languages with local colleges
- College Marketing (Farmingdale)
- College Theater (Stony Brook)
- College Intro to Film (Stony Brook)
- Pre-Calculus (LIU Post)
- Criminal Justice (Molloy)
- Science Research 10-12 (SUNY Albany)
- College French/Italian/Spanish (St. John's University)
- College French/Italian/Spanish (Molloy)
- College Italina/Spanish (St. John's) (North/south)
- Sports & Entertainment Marketing (Farmingdale State College)
- Virtual Enterprise (Farmingdale State College)
- SUPA (Syracuse University)
- WWII-Present (Molloy College)


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# CORE COURSE OFFERINGS

## ENGLISH

| GRADE | REGENTS | ADVANCED |
|---|---|---|
| 8th | English 8 ↘ | English 8A |
| 9th | English 1 | ↘ English 1A |
| 10th | English 2 ↘ | English 2A or AP Seminar |
| 11th | English 3 ↘ | ↘ AP Language |
| 12th | English 4 | ↘ AP Literature |

**AP Language: This college-level course is recommended for students who have been part of the advanced English program; however, capable students from English 2 may be admitted with department approval.**

**AP Literature: This college-level course is recommended for students who have been part of the advanced English program; however, capable students from English 3 may be admitted with department approval.**

**Electives: Public Speaking, Journalism, Journalism 2, Introduction to Film, Shakespeare and the Stage, Creative Writing, Creative Thinking for Creative Writing, Ethics: Modern Issues.**

## SOCIAL STUDIES

| GRADE | REGENTS | ADVANCED |
|---|---|---|
| 8th | Social Studies 8 ↘ | Social Studies 8A |
| 9th | Global History I & Geography | ↘ World History 9A |
| 10th | Global History II & Geography ↘ | World History AP<br>Europe Studies AP |
| 11th | U.S. History & Government<br>1/2 yr. participation ↘ | ↘ American History AP |
| 12th | Government and 1/2 yr.<br>Economics | ↘ U.S. Politics and<br>Government AP |

**American History AP: This course can also be taken by students who completed Global History II and receive a recommendation by their social studies teacher or by head of Social Studies Department.**

**U.S. Politics & Government AP: This course can also be taken by students who completed U.S. History and Government and receive a recommendation by their social studies teacher or by head of Social Studies Department.**

**Electives: America (1945-Present), Sociology, A Multicultural History of America, Students and Law, Psychology for Everyday Life, AP Human Geography, AP Psychology, and Current National Issues.**



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# MATHEMATICS

| GRADE | REGENTS | ACCELERATED |
|---|---|---|
| 8th | Math 8 | Algebra 1 ACC |
| 9th | Algebra 1 | Geometry ACC |
| 10th | Geometry | Algebra 2 ACC |
| 11th | Algebra 2 or Intermediate Algebra ↘ | AP Pre-Calculus |
| 12th | Pre-Calculus or College Mathematics or Math & Finance or AP Pre-Calculus and/or AP Statistics | ↘ Calculus AB - AP or Calculus BC-AP and/or Statistics AP |

**College Mathematics:** This course is designed for students who need a solid foundation of mathematical concepts who do not intend to major in Math, Science or Business in college.

**Pre-Calculus:** This course provides excellent preparation for college-bound students who have successfully completed Algebra 2.

**Calculus AB – AP:** This course is for students who have completed Pre-Calculus. This course can also be taken by students who have completed Algebra 2 in the upper quartile and who are recommended by their mathematics teacher or by the head of the mathematics department.

**Calculus BC – AP:** This course is for students who have completed Pre-Calculus.

**Statistics AP:** This course can also be taken by students who have successfully completed Algebra 2.

**Computer Electives:** Advanced Computer Applications, Computer Programming, Advanced Computer Programming, Computer Lab, Computer Science AP

**Computer Science AP:** For students who have completed Advanced Computer Programming

All mathematics courses are Common Core Standards except College Mathematics, Pre-Calculus and all AP classes.



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# SCIENCE

| GRADE | REGENTS | ACCELERATED |
|---|---|---|
| 8th | Science 8 | Biology ACC |
| 9th | Biology Regents | Earth & Space Science Regents ACC |
| 10th | Earth & Space Science Regents | Chemistry Regents ACC |
| 11th | Chemistry Regents | Physics Regents or AP Physics 1 |
| 12th | Physics Regents or AP Physics 1 or AP Elective or other Science Elective | AP Science |

**Science Electives:** Marine Biology, Bio-Medical Techniques, Environmental Issues, Astronomy, Human Anatomy, Physiology and Forensics.

**AP Electives:** AP Physics 1, AP Environmental Science, AP Chemistry, AP Biology, AP Psychology

**Authentic Science Research** is for students in grades 10 through 12. This course fosters the necessary skills and competencies in Scientific Research.



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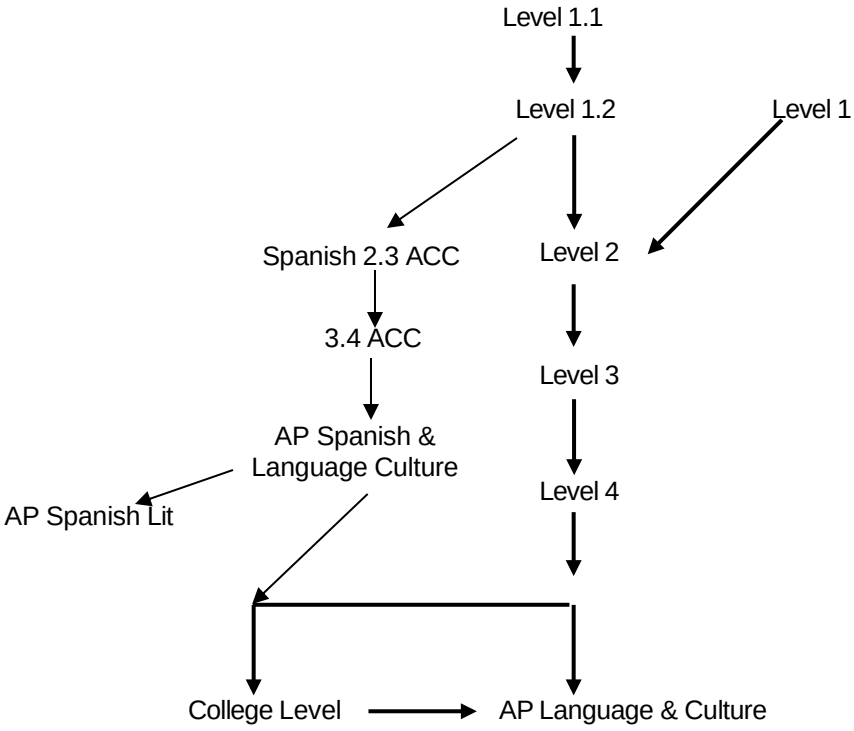
# WORLD LANGUAGES (formerly LOTE)




The study of another language is quite practical and rewarding. Colleges highly prefer a background in foreign language study although some may not require it. There are many fields which require knowledge of a second language (e.g., government agencies, import-export businesses, travel and service industries and financial institutions, etc.) and a foreign language background is a decided advantage for employment, especially in the metropolitan area.

Because the sequential study of a foreign language proceeds by level, all offerings in language study have been grouped accordingly.

**Middle School Program:**

Students are required to begin the study of World Languages no later than grade 8. Beginning courses of language study follow one of these models:

1. Grades 7 and 8 Standard Sequence. A two-year course equaling two units of study (Level 1.1 and Level 1.2) and culminating in one high school credit.

2. Grade 9 Standard Sequence. A one-year course equivalent to two units of study (Level 1 Standard Course) and culminating in one high school credit.

**AP Courses:** AP Spanish Language, AP French Language, AP Spanish Literature, AP French Literature and AP Italian

**Electives:** American Sign Language 1, American Sign Language 1, 2, 3 and 4.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# TEST SCHEDULE

| GRADE | TEST | WHEN |
|---|---|---|
| 8 | ELA<br>Math<br>Science | April<br>May<br>May, June |
| 10 | PSAT in school | October |
| 11 | PSAT in school<br>SAT in school<br>ACT | October<br>Spring<br>Spring |
| 12 | SAT<br>ACT | Fall<br>Fall |

# GRADE 8 ASSESSMENTS

***(computer based testing)***

| TEST | WHEN |
|---|---|
| **ELA** | **April** |
| **Math** | **May**<br>*(Students taking the ACC Algebra 1 are exempt)* |
| **Science** | **Performance portion in May; Written portion in June.**<br>*(Students taking ACC Living Environment are exempt; they must get 65% on the Regents)* |



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# INTERMEDIATE-LEVEL TEST FORMATS

| Test | Time Allotted for Administration |
|---|---|
| Grade 8 Intermediate Level English Language Arts | Day 1 90 mins. (untimed)<br>Day 2 90 mins. (untimed)<br>computer based testing |
| Grade 8 Intermediate Level Mathematics | Day 1 90 mins. (untimed)<br>Day 2 90 mins. (untimed)<br>computer based testing |
| Grade 8 Science | 90 mins. ( untimed)<br>computer based testing |

**Performance levels on State tests are defined by the skills, ability, and knowledge that students demonstrate and reflect how well students are meeting the learning standards.**

- **Level 1 indicates students have not met the standards**
- **Level 2 indicates students have partially met the standards**
- **Level 3 indicates students have met all of the standards**
- **Level 4 indicates students are meeting the standards with distinction**

**Academic Intervention Services may be scheduled for students performing at levels 1 and 2.**



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# HOW CAN I HELP MY STUDENT PREPARE FOR THE TESTS?

You might find the following suggested activities and resources useful in helping your student prepare for the State tests.

- Take an active role in your student's education and preparation.
- Work with your student's teacher. Go to parent/teacher conferences and talk about your student's progress and needs. If your intermediate level student does not do well on a State test, he or she may be entitled to extra help from the school. Extra help, or Academic Intervention Services (AIS), may mean extra classes, summer school, before or after school classes, a tutor, or other program. Talk with your student's principal, teacher, or school counselor about what services are available.
- Work with your student to be sure homework assignments are completed.
    - Establish a regular routine for homework time and place.
    - Encourage use of school-provided agenda books.
    - Ensure your child attends Extra Help and/or Homework Club.
    - It is helpful if parents can provide a quiet and well-lit area for studying.
    - Provide reference materials such as a dictionary, thesaurus, encyclopedia, computer, and Internet access. You and your student can find these materials, including Internet access, at your local public library.
    - Encourage your student to ask questions about the material before, during, and after reading.
    - www.engageny.org is a website developed by the New York State Department of Education to provide information and resources for parents on the new 'Common Core.' Follow the links to Parent-Family Resources.
    - Watch "Homework Hotline." The program features experienced teachers who provide immediate after school help to high school students. It is broadcast on public television stations statewide, Monday through Thursday from 5:30 – 6:00 p.m. For other information go to http://www.wmht.org.
    - Urge your high school student to check out "Regents Review Live." This series of review programs helps students prepare for the Regents exams - http://www.regentsreviewlive.net.
    - Access "Video on Demand" via your local public television's website. This free education service provides students, teachers and parents with over 20,000 video clips via the Internet. Clips are accompanied by print materials, including teacher guides and student worksheets. The clips can be located by keyword, subject, grade level or New York State Learning Standard. To access the Video on Demand service, go to your local public television station's website and obtain a password.
    - Use the various websites in the ***Guide to Study Websites*** to review skills.
    - Sign up for SAT Question of the Day at **http://sat.collegeboard.org**.
- Encourage your student to read
    - Work with your child on completing their summer reading project.
    - Urge your student to participate in summer reading programs at the local library or community center. Students who participate in summer reading programs do not suffer learning losses over the summer. They return to school in the fall ready to learn at grade level.
    - Encourage your student to read for pleasure. Reading helps youngsters sharpen their English language skills. The Board of Regents recommends that every student read 25 books a year. Your local public library is a great place for your student to find books that are interesting and challenging.
    - If your family speaks a language other than English, encourage your student to read in their first language. Research shows that a strong first language can improve your Child's English.



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# MEET THE TESTS

## The Digital PSAT/NMSQT®

The PSAT/NMSQT is given to Juniors in school during fall of their Junior year. Sophomores will be given the PSAT 10 in the spring of sophomore year. to take the exam as practice for the 11th grade test. Scores do not become part of the high school transcript. The National Merit Scholarship Corporation uses the results of the PSAT/NMSQT is test to award scholarships to qualified students.

The PSAT consist of reading, math, and writing/language skills sections. If you've never taken a College Board or similar test, this may be your first chance to see how your skills compare with those of college-bound juniors or sophomores across the country.

In December, Juniors will receive a score report in your college board which will identify skills that you need to improve as you get ready for college. Sophomores will receive this report in spring after taking PSAT10. Giving you and early start improving your skills as you prepare for college.

For a complete test explanation, see the *Redesigned PSAT/NMSQT Student Bulletin*, or check www.collegeboard.org.

## The Redesigned SAT Test ®

The Redesigned SAT Test is one of two tests that can be used for college admissions purposes. Students generally take this test twice -- once in the spring of their junior year, and again in the fall of their senior year. It is approximately a four hour test that has a reading, math and writing/language section. The Reading section includes short and long reading passages that consist of relevant words which cause students to demonstrate their ability to interpret and answer questions based on real world evidence. This section is 65 minutes long containing of 52 questions/tasks. The Math section includes the following g topics: Problem Solving and Data Analysis; the Heart of Algebra; and Passport to Advanced Math. It is 80 minutes long with 57 questions/tasks. The Math section has two types of questions: Multiple Choice and Student-Produced Response questions. The Writing/Language section will include a historical document or a text based on a current global conversation regarding freedom, justice, and human dignity. This section is 35 minutes in length with 44 questions/tasks. The Essay section will now mirror college level assignments where students are asked to persuade their audience. It is 50 minutes long and tests grammar, usage and word choice.

## ACT

The ACT is the equivalent of the SAT test and is accepted by most colleges. The test has four sub-parts: English, Math, Science Reasoning, and Reading. Generally students take the ACTs in the spring of their junior year and again in the fall of their senior year. Most colleges will accept the ACT in lieu of both the SAT Reasoning Test and SAT Subject Tests.


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# COLLEGE AND CAREER WEBSITES

## Useful College/University Information Web Sites

**COLLEGE HOME PAGES: www.universities.com**

**COLLEGE SEARCHES:** The following are commercial sites that offer searchable college databases.

| | |
|---|---|
| Naviance | For Central High School parents/guardians and students: ***http://student.naviance.com/vschs*** |
| | For Memorial Junior High School parents/guardians and students: ***http://student.naviance.com/vsmj*** |
| | For North High School parents/guardians and students: ***http://student.naviance.com/vsnhs*** |
| | For South High School parents/guardians and students: ***http://student.naviance.com/vsshs*** |
| Guidance Direct | www.guidancedirect.com |
| The College Board | www.collegeboard.org |
| Peterson's | www.petersons.com |
| Big Future | https://bigfuture.collegeboard.org/get-in/essays |
| The Princeton Review | www.princetonreview.com |
| US News | https://www.usnews.com/education |

**COLLEGE ENTRANCE EXAM INFORMATION:** These are the web site addresses of the Parent organizations of the PSAT's, SAT's, ACT's. The other sites are commercial test prep web addresses:

| | |
|---|---|
| ACT | www.act.org |
| College Board | www.collegeboard.org |
| Test Preps | www.castlelearning.com (Method Test Prep)<br>www.collegeboard.org<br>www.princetonreview.com<br>www.kaplan.com |

**FINANCIAL AID:**

| | |
|---|---|
| Federal & State | www.hesc.ny.gov |
| CSS Profile | www.collegeboard.org |
| FAFSA online | www.studentaid.ed.gov/sa/fafsa |
| Financial Aid Counselors | www.finaid.org |
| Loan Information | www.salliemae.com |

**SCHOLARSHIP SEARCHES:** www.fastweb.com
www.collegeboard.org
www.princetonreview.com


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**ATHLETIC INFORMATION:** Learn about the NCAA eligibility requirements, recruiting, scholarships, Title IX, etc.:

| | |
|---|---|
| NCAA | www.ncaa.org |

**ESSAY HELP:** www.collegeboard.org/student/apply/essay-skills/index.html

**VIRTUAL CAMPUS TOURS:** www.campustours.com

**SPECIAL GROUP SEARCHES:**

| | |
|---|---|
| Catholic | www.catholic-pages.com/dir/colleges.asp |
| Hispanic | www.hsf.net |
| Jewish | www.hillel.org |
| Historically Black Colleges and Universities | www.HBCUconnect.com |

**CAREER EXPLORATION:**

| | |
|---|---|
| Naviance | www.Naviance.com |
| Guidance Direct: | www.guidancedirect.com |
| Occupational Outlook Handbook | www.bls.gov/oco |
| Live Careers | www.livecareers.com |
| Career Browser: | www.collegeboard.org |
| Career Descriptions: | www.CareerExplorer.com |
| Occupational Profiles | www.Vault.com |
| Job Opportunities | www.monster.com |

**MISCELLANEOUS**

| | |
|---|---|
| Volunteer opportunities | www.volunteermatch.org |


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# NATIONAL AND DEPARTMENT HONOR SOCIETIES

The **National Junior Honor Society** is an honorary organization to which eighth and ninth grade students may be invited to apply. The students must have a minimum GPA of 90 in order to be considered and will also be judged on character, leadership and service.

The **National Honor Society** is an honorary organization to which Juniors and Seniors may be invited, based on the following four equally weighted criteria:

1. Academic average of 90 or better
2. Character
3. Leadership
4. Service

All teachers are asked to evaluate all academically eligible students with whom they have had contact. The faculty committee's review of each student is based on these evaluations with serious consideration given to the number of activities, level of participation, attitude demonstrated, conscientiousness, sense of responsibility and general spirit of cooperation. The student's attendance and discipline record is also reviewed as a measure of character.

A student, once admitted to the National Honor Society, is expected to continue to demonstrate all of the positive characteristics which got him/her accepted. Failure to adhere to school rules, to maintain minimally accepted academic average, or to continue service and leadership may result in a faculty committee decision to remove the honor and privilege of membership from a student.

**Mathematics Honor Society - Mu Alpha Theta**

A student must have achieved a final average of 90 or better in Integrated Algebra, Geometry, *and* Advanced Algebra/Trigonometry, or have a total point score of at least 278 for the three courses with only *one* grade lower than 90 but not lower than 85. A senior in AP Calculus who was not eligible previously must have a total point score of at least 370 in Math Courses I, II, III and IV with only *one* grade lower than 90 but not lower than 85.

**Music TRI-M Honor Society**

A student must, in addition to being in good standing with regard to discipline, be a member of the orchestra, chorus or band. Further, 3 of the following 5 criteria must be achieved:

1. 95 average in all performing music classes
2. High school students should have received a 90 or better at a NYSSMA solo festival
3. Participate in the Valley Stream District Music Festival
4. Be a junior or senior
5. Participate in more than one school musical performance group

**Science Honor Society**

Members must excel in science. Candidates must be enrolled in and have achieved an average of 90 or better in two years of Regents Science. Continued quality in citizenship, service and academic excellence (minimum 85 average in subsequent science courses) are required to continue membership.

**Social Studies Honor Society – Rho Kappa**

Rho Kappa Social Studies Honor Society is the only national organization for high school juniors and seniors that recognizes excellence in the field of Social Studies. Besides a love of history, eligible students must have a 90 average or better in t wo full-year Social Studies classes as well as a score of 85 or better on either the Global or U.S. History Regents exam. Rho Kappa participants assist with Social Studies fundraisers as well as provide tutoring for any student struggling in Social Studies. By qualifying application only.

**National Foreign Language Honor Society**

The candidate must be in at least level three language or in 10$^{th}$ grade. He or she must have a 90% or better average in second language at the time of consideration. In addition, the candidate must have at least an 85% average in all subjects excluding second language. Members must maintain at least a 90% average in second language study.

**Occupational Education Honor Society**

This society includes the areas of Home Economics, Business and Technology. Students are eligible if they have at least an 85 average in all Occupational Education classes and at least three semesters of Occupational Education courses. They may be currently enrolled in the third semester course(s). In addition, they must meet the criteria established for leadership, character and service as outlined under National Honor Society guidelines. To maintain membership, members must give service of at least two periods per month and must maintain the criteria established for leadership and character.



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**MAY CHANGE ANNUALLY**
**CHECK WITH YOUR SCHOOL IF STILL OFFERRED**
**EXTRA/CO-CURRICULAR ACTIVITIES**
**(Not All Offered in Every School)**

## ATHLETICS (Teams)

Badminton (Boys/Girls)
Baseball (Boys)
Basketball(Boys/Girls)
Bowling (Boys/Girls)
Cheerleading (Coed)
Cross Country
(Boys/Girls) Fencing
(Girls)
Flag Football (Girls)
Football
Gymnastics (Girls)
Indoor Track
(Boys/Girls)
Lacrosse (Boys/
Girls) Rifle
Soccer(Boys/Girls)
Softball
Swimming(Boys/Girls)
Tennis (Boys/Girls)
Track& Field(Boys/Girls)
Volleyball (Boys/ Girls)
Wrestling

## ATHLETIC RELATED CLUBS & ACTIVITIES

Badminton
Club Basketball
Club
CompetitionCheerleading Club
Gymnastics Club
Kickline
RacquetballClub
Swimming Club
Tennis Club
Track Club
Varsity Club
Weight Lifting/Universal Gym Wrestling
(Intramural)

## MUSIC GROUPS

Band
Chorus
Orchestra

## MUSIC RELATED

Brass Ensemble
Breakfast Club
ChamberSingers
GuitarEnsemble
Jazz Ensemble
JazzShow Choir
Jedwoods
Kickline
OpusStringEnsemble
Stage Band
SwingChoir
TRI-MMusic Honor Society
Wind Ensemble
Women's Chorus

## DRAMATICS

Dance
Concert
DramaTroupe
MajorMusicalorDramatic
Production
MinorMusicalorDramatic
Production
One Act Play Contest

## ALLOTHER CLUBS

ASPIRA–Leadership
Development Club
Art andPoster Club
Art Club - Photography
Art Honor Society
Athletes Helping Athletes
Aviation Club
Beautification Club
Biology Club
Black Student Union
BRAVE
Builders Club
Business Honor Society
Ceramics Club
CharacterActionClub
Chess Club
Class Clubs
Classweek Program
Computer Club
Crochet Club
Cultural Society
Culinary Club
CTE Honor Society
Dance Arts Honor Society
Debating Club
Deck Hockey Club
E-Sports
Eagle video Club
Ecology Club
Engineering Club
English Honor Society
ENL Buddy
Environmental Club
Falcon Report
FalconVarsityPride
Fashion Club
Foods Club
Foreign Language Honor Society
Forum
Future Business Leaders of America
(FBLA) Future Medical Leaders
Future TeachersClub
Game Club
Gay-Straight Alliance(GSA)
Great Books Discussion
Gymnastics Club
Heart & Souls
Hispanic Heritage Club
Home Economics
Homework Club(Helper)
Hope Club
Interact Club
It'sAcademic
Italian Club
Japanese Club
Key Club
Kids on the Block
Language Honor Society
Law Club
Library Squad
Linnaean Society
LiteraryMagazine
Mathcounts
Mathematics Honor Society
Mathletes
Mock Trial
Model Congress
MulticulturalClub
Muslim Student Association
National Honor Society
National JuniorHonor Society
Newspaper
Occupational Education Honor Society
PALS
PeerMediationProgram
Peace Club
Photography Club
Physics Club
Project Green
Puzzle Club
Quiz Bowl
SAGA (Straight & Gay Alliance)
SCSJ (students committed to social justice)
STEM Club
S.T.O.P. Club
SADD
School Store
Science Honor Society
Science Olympiads
Seal of Bi-literacy
Seal of Civic Readiness
Social StudiesHonor Society
Southern Bell
Spartan Steppers
Spartan Update
Speech & Debate Club
Step Club
Student Council
StudentPeer Organization
Table Tennis Club
Tech Club
Thriving Teams
Thespian Society
World of Difference
VICA(Cosmetology)Club
Video Editing
Yearbook


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## *SAMPLE RESUME*

Janet A. Scholar
7890 Kent Road
Valley Stream, New York 11580
(516) 555-5555
jscholar@abc.com

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**HONORS AND AWARDS**

| | |
|---|---|
| National Honor Society | Grade 11, 12 |
| ○ Treasurer | Grade 12 |
| Class Act | |
| ○ Third Place in Band Competition | Grade 10 |
| ○ First Place in Band Competition | Grade 11 |
| Honor Roll | Grade 9, 11, 12 |

**EXTRACURRICULAR ACTIVITIES**

| | |
|---|---|
| Student Peer Leader | Grade 12 |
| ○ Presenter for Programs Involving Social Issues | |
| ○ 2 Hours a Week | |
| Varsity Football | Grade 11 |
| ○ 25 hours per week | |
| ○ Defensive Tackle | |
| Junior Varsity Football | Grade 9 |
| ○ 20 hours per week | |
| ○ Defensive Tackle | |
| Varsity Basketball | Grade 10, 12 |
| ○ 15 hours per week | |
| Theatre/Tech Crew | Grade 9, 10, 11, 12 |
| ○ 15 hours per week during all productions | |
| Chorus | Grade 9, 10, 11, 12 |
| ○ Bass | |
| Musical | Grade 9 |
| ○ "High School Musical" | |
| ○ Actor | |
| The "Spotlight" | Grade 9 |
| ○ Journalist | |
| The "Crier" | Grade 10, 11 |
| ○ Journalist | |
| ○ Editor | Grade 12 |

**COMMUNITY SERVICE**

| | |
|---|---|
| Kids on the Block | Grade 10, 11, 12 |
| ○ Puppeteer teaching children about people with disabilities | |
| ○ Fundraising Rock-A-Thon at local mall | |
| "STOP" (Students & Teachers Opposing Prejudice) | Grade 10, 11, 12 |
| Franklin Hospital Medical Center | |
| ○ Volunteer | Grade 10, 11 |

**WORK EXPERIENCE**

| | |
|---|---|
| King Kullen | |
| ○ Cashier | Grade 12 |



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## *RESUME WORKSHEET*

Name
Street Address
City, State, Zip Code
Telephone #
*Appropriate* Email address

**HONORS AND AWARDS**

_____ Grade _____
- _____
- _____

_____ Grade _____
- _____
- _____

_____ Grade _____
- _____
- _____

_____ Grade _____

**EXTRACURRICULAR ACTIVITIES**

_____ Grade _____
- _____
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_____ Grade _____

**COMMUNITY SERVICE**

_____ Grade _____
- _____
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_____ Grade _____
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**WORK EXPERIENCE**

_____ Grade _____
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_____ Grade _____



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# STUDENT SERVICE LOG*

**Student:_____School_____Estimated Year of Graduation:_____**

| Date | Project Nameor Type of Service | Number of hours/minutes | Description of Service | Coordinator/ Sponsor Signature | Contact Number |
|---|---|---|---|---|---|
| *7/26/10* | *MS Walk* | *4 hours* | *Raisedmoney for a cure* | *Mr.Jones* | *(123) 456-7890* |
| *1/2/11* | *School Store* | *30 minutes* | *Salesperson/inventory* | *Ms.Smith* | *(123) 456-7890* |
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*****Please speak with your School counselor or the National Junior Honor Society Advisor for Volunteer opportunities.



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| Student Information | | Schooj Informalijon |
|---|---|---|
| [redacted] | ID [redacted] | Valley Su.earn CHSO |
| | DOB | Valle:, Str eam Canu-al Sr. S |
| | SEX Female | 13§ File•ctt.er Ave.nue |
| | DATE 1/6/2020 | Valle11Stream. Y 11580 |
| Guidance Counselor | Kathy Hardy-Travalee | Guidance Office:(51S} 561-,'U:22 |
| Graduation Date | June 30, 2020 | CEEB Code Numbeti 335710 |
| Diploma Type | | |

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Rolu Milani
School Principal

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# *Notes*



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**Valley Stream Central High School District**

**www.vschsd.orgrg**