

**A GUIDE
TO YOUR
HIGH
SCHOOL
EDUCATION**

2023

**THE GUIDANCE AND COUNSELING DEPARTMENT
VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT
VALLEY STREAM, NEW YORK**

www.vschs.org

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2023 – 2024

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Mrs. Kelly Whitney-Rivera

Dear Valley Stream Eighth Grade Students and Parents:

This booklet and conference was developed and designed to provide you with all the information needed to understand the high school academic curriculum and the graduation requirements. It also includes important information regarding the college planning process.

The counseling staff is here to assist you on the journey to planning your future. We will answer any questions that you may have along the way. Do not hesitate to call and/or set up appointments with your counselor.

The Valley Stream Central High School District's Guidance Department hopes that you find this guide and conference informative. Special thanks to Mrs. Grace Pariti of North High School for designing many of the charts that are in this booklet and Mrs. Barbara Madigan of South High School for helping create the study websites guide. Kudos as well to the other Junior High School counselors who helped in the creation, design and update of this guide.

Sincerely,



Mrs. Kelly Whitney-Rivera
Director of Guidance and Chief Information Officer

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VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT

8TH GRADE CONFERENCE CHECK LIST

Student

Counselor

- ___ 1. Review of Report Card/Progress Report
- ___ 2. Study Websites (pg. 5)
- ___ 3. Post High School/Career Plan Form (pg. 7)
- ___ 4. Extra Help, Peer Tutoring (pg. 8)
- ___ 5. Initial Career Search - Guidance Direct/Naviance/Parent Portal Log on Information (pgs. 9-11)
- ___ 6. High School Graduation Requirements (pg. 12)
- ___ 7. Diploma Credential Requirements (pgs. 13-19)
- ___ 8. Review program of courses for 9th grade (pgs. 21-27)
- ___ 9. 8th Grade State Test Schedule (pgs. 28-29)
- ___ 10. Brief overview of College Entrance Tests (PSAT/NMSQT, SAT Reasoning Test, SAT Subject Tests, and ACT) (pg. 30-31)
- ___ 11. College and Career Websites (pgs. 32-33)
- ___ 12. Honor Societies/Extracurricular Activities/Community Service (pgs. 34-35)
- ___ 13. High School Resume and Resume Worksheet (pgs. 36-37)
- ___ 14. Student Service Log (pg. 39)
- ___ 15. Sample Transcript (pg. 41)
- ___ 16. Notes (pg. 43)

Student Signature

Parent Signature

Please visit the Guidance website at www.vschsd.org

STUDY WEBSITES

http://phet.colorado.edu	Interactive research based simulations of physical phenomena. Includes Physics, Biology, Chemistry, Earth Science and Math.
www.castlelearning.com	Supports classroom instruction. Includes over 70,000 field-tested questions supported by defined vocabulary, reference tables, hints and reasons for correct answers in math, science, social studies, English and foreign languages. Core courses for grades 3-12 are correlated to standard curriculum. (See Attachment #1 for instructions for logging onto the site)
www.regentsprep.org	Provides Regents prep for all Regents exams, including thematic review, practice questions, old Regents exams and study materials. (See Attachment #3 for instructions for this site)
www.collegeboard.org	Provides information about all AP courses including course descriptions, exam questions, exam schedules and fees. There is also a link that discusses the benefits of taking an AP course and exam. AP students SHOULD utilize the resources on this site.
http://www.p12.nysed.gov/assessment/samplers/	For practice NCLB exams. Scroll to: "For elementary- and intermediate-level students: <ul style="list-style-type: none"> • Grades 3-8 English Language Arts • Mathematics Tests • Grades 4 & 8 Elementary and Intermediate-Level Science Tests • Grades 5 & 8 Elementary and Intermediate-Level Social Studies Tests"
www.brainpop.com	This site needs to be subscribed to. It is amazing and has a little cartoon explaining something, then a self-check quiz. There are also supplemental worksheets that go along with it.
www.arounder.com	Students can take 360° degree virtual tours of historically and culturally important sites around the world.
www.wikipedia.org	Wikipedia is a free online encyclopedia. It is written collaboratively by millions of volunteers writers around the world. It was launched in 2001 and has quickly become the largest and most popular online general reference tool.
http://streaming.discoveryeducation.com	There are free video clips that are thematic which teach specific subjects. There are free student and parent resources, including homework help by subject area.
www.watchknow.com	Videos organized by subject. Additionally, students can utilize the search function to find a video clip of a specific event/topic
www.khanacademy.org	Educational YouTube videos arranged by topic. (as seen on "60 Minutes")
www.freerice.com	Vocabulary practice.

For more websites – download a "Guide to Study Websites" on the District's website under the Guidance Tab

Last Name _____

First Name _____

WHY COLLEGE?

Median Weekly Salaries – If you have the following degrees, this is the average salary you earn per week (from the Bureau of Labor Statistics, October 2019):

- **Masters and Above** **\$ 3,407**
- **Bachelors** **\$ 1,383**
- **High School Diploma** **\$ 749**
- **No High School Diploma** **\$ 606**

Education is the key!!!

POST HIGH SCHOOL PLANS

- Check One:** _____ College
 _____ Vocational Training
 _____ Military
 _____ Undecided
 _____ Directly to Post High School Employment

Discuss necessary prerequisites, opportunities, and options.

CAREER PLAN

List One Occupation You Are Considering: _____

Discuss necessary prerequisites, options, and academic expectations.

EXTRA HELP

(Homework Club/Peer Tutoring)

Valley Stream Central High School District is committed to providing extra help for its students.

Extra help is offered by every teacher and a schedule will be provided by your school. Students should check with their individual teacher(s) for the scheduled place and time. Regents Review classes are offered after school for all students. Schedules of these classes are usually announced. It is recommended that all students should attend these classes.

In addition, there is an array of resources available at our four schools throughout the district. The following is a breakdown, by school, of supportive services available to our students.

Memorial Junior High School

- **Homework Club** is available Monday & Thursday from 3:15 to 4:00 P.M. for students to do homework, study quietly or work in small groups. In addition, the Homework Club Advisor is available to provide assistance on an as needed basis.
- **PALS (Peer Assisted Learning Service)** are students who volunteer to tutor their peers On Wednesdays. Students should see their school counselor for more details.
- **The Eagle Connection Tutoring Program.** Homework help/tutoring is available for all students on Thursdays from 6:00 to 7:00 p.m. at Central High School. Students can complete homework and study with the help of high school student tutors.
- **Central HS Tutorial Referrals**, names and phone numbers of high school student tutors are kept on file in the guidance office. Contact your child's school counselor for more information.

North High School

- Students inducted into **National Honor Society** provide peer-tutoring services that are arranged by appointment between tutor and tutee. Students are advised to see their school counselor for more details.
- **Homework Club** is available for seventh and eighth grade students Monday and Wednesday from 3:00-4:00 p.m. for students to complete homework and study with the help of high school student tutors.
- **Tutorial referrals**, names and phone numbers of high school students tutors are kept on file in the guidance office. Contact your child's school counselor for more information.

South High School

- **PAL (Peer Assisted Learning)** is a tutoring service for students in grades 7 through 12. Students can sign up with their school counselor or the guidance assistant. Tutors meet with students for 30 minutes after school, Monday to Thursday, in the Library.
- **Homework Help** is available for seventh and eighth grade students Monday to Thursday from 2:45-3:30 p.m. for students to complete homework and study with the help of high school student tutors.
- **Tutorial referrals**, names and phone numbers of high school students tutors are kept on file in the guidance office. Contact your child's school counselor for more information.

INITIAL CAREER SEARCH

All eighth graders will do an online Career Interest Inventory in their Home and Career Class. The website they use is www.guidancedirect.com. The Valley Stream Central High School District has purchased a site license for this program so the entire family can visit this website to further research career information.

Procedure:

1. Log on to www.guidancedirect.com
2. Click Student Login
3. Enter school ID
 - a. #9221308 for Memorial
 - b. #9225486 for North
 - c. #9220964 for South
4. Enter school password:
 - a. V05S0519 for Memorial
 - b. V47S6734 for North
 - c. V96S3420 for South
5. First time users must create a new account and enter all identification information.
6. All work can be printed, saved, and edited as needed.
7. Guidance Direct provides career inventories and career searches, college searches and scholarship searches using similar formats.

The career that your child has an interest in can be further explored by taking electives throughout high school. Electives also can provide a glimpse into other subjects for further career exploration. Summer internships and volunteer work can be a wonderful tool for exposure to types of employment as well. Please use this conference to discuss this further with your counselor.

FIRST TIME REGISTRATION INSTRUCTIONS FOR NAVIANCE STUDENT

In the 9th grade:



You will receive an invitation letter with the appropriate codes by mail.



Go to: <https://student.naviance.com/vsmj> (for **VS Memorial** Students).

<https://student.naviance.com/vsnhs> (for **VS North** Students).

<https://student.naviance.com/vsshhs> (for **VS South** Students).



Enter your Registration code provided by the Guidance department.



Naviance will recognize your name and ask you to provide a valid e-mail address that will now serve as your Naviance e-mail log in/username.



You will then create a six (6) character password to access Naviance.



Click the Accept to the privacy statement and then click “Complete Registration”.



You are now a registered member of Naviance and will be able to log on to Naviance just utilizing your e-mail address and password.

FIRST TIME REGISTRATION INSTRUCTIONS FOR PARENT PORTAL



Go to the district website at www.vsched.org and under **Parent/Student Resources**, on the right-hand side, go to **Parent/Student Portal** and click on it.



On the Welcome to Parent/Student Portal screen, go down to **For parent/student Portal access click this link.**



At the Parent Portal screen, go down to **First time here? Click here to create a new account.** Follow the steps to sign up. In the School District box, start to input Valley Stream CHSD (as you type it will show up in the drop down and then you can click to select it). Create a username, password, and choose a security question (in case you forget your log in). Click on **Create Account Information.**



You should receive a confirmation email from your child's school once account is activated. You can then log in any time from any computer, tablet or Smartphone with internet access to review your child's attendance, progress reports, reports cards and transcript.

HIGH SCHOOL GRADUATION REQUIREMENTS 2023 – 2024

CORE SUBJECTS

English
 Social Studies
 Math
 Science
 Fine & Performing Arts
 Physical Education
 Health

World Languages (*formerly Languages Other Than English*),
 CTE (Career & Technical Education)
 or the Arts
 Electives

Consult District Website for Complete Requirements

REGENTS DIPLOMA

(SEE NOTE "A" BELOW)

4 Credits + 1 Regents
 4 Credits + 1 Regents
 3 Credits + 1 Math Regents
 3 Credits + 1 Regents
 1 Credit
 2 Credits (4 Years)
 0.5 Credit

Core Credit Subtotal

17.5

1 Credit

3.5 Credits (minimum)

Total Required

22 Credits (minimum)

REGENTS DIPLOMA WITH ADVANCED DESIGNATION

(SEE NOTE "B" BELOW)

4 Credits + 1 Regents
 4 Credits + 1 Regents
 3 Credits + 3 Regents
 3 Credits + L.E. Regents & Physical Setting
 1 Credit
 2 Credits (4 years)
 0.5 Credit

Core Credit Subtotal

17.5

3 Credits (World Languages)
or 1 Credit World Languages + 5 in CTE
or the Arts

1.5 Credits (minimum)

Total Required

22 Credits (minimum)

Note A: 4 +1 Pathways to Graduation:

New York State requires students to take five Regents exams which are: the English Regents exam, one Math Regents, one Regents in social studies, one science Regents and one additional Regents in CTE, STEM, World Languages, Humanities or Art Pathways. The Regents exams require a passing score of 65 or better.

Note B:

Students who earn a Regents Diploma with Advanced Designation have the opportunity to use the 4+1 Pathways to Graduation option as well. These students would have to earn a 65 or better on seven Regents exams and have the option of selecting to take an additional exam in either a CTE, STEM, World Languages, Humanities or Art Pathway. This will total the eight exams needed to obtain a Regents Diploma with Advanced Designation.

A student may earn a Regents diploma with honors or a Regents diploma with Advanced Designation with Honors by achieving an average of 90 percent in all Regents examinations required for the diploma and taking one additional Regents examination in CTE, World Languages, STEM, Humanities or Arts Pathways.

Students who first enter grade nine in September 2009 and thereafter who complete all coursework and testing requirements for the Regents diploma with Advanced Designation in mathematics and/or science, and who pass with a score of 85 or better, three commencement-level Regents examinations in mathematics and/or three commencement-level Regents examinations in science, will earn a Regents diploma with Advanced Designation, with an annotation on the diploma that denotes mastery in mathematics and/or science, as applicable.

To appeal a Regents exam score students must have earned a 65 or better on four exams previously.

Please Note: Students with an IEP or 504 Plan may have modified graduation requirements. Please request this information at your annual meeting. Further information about diploma/credential requirements may be found in the current Course Offering information available at www.vschsd.org.

Students may meet the learning standards in technology either through a course in technology education or through an integrated course combining technology with mathematics and/or science. A commencement-level course in technology education may be used as the third unit of credit in science or mathematics, but not both. Fine and Performing Arts may include dance, music, theater and visual arts. All students must have 1 credit of World Languages, with the exception of some learning-classified students.

Consult the District's website (www.vschsd.org), guidance section for a complete listing of graduation requirements.

GRADE 9 - 12 WORKSHEET

Use this sheet as a guideline in planning your four-year program

REQUIRED: A MINIMUM OF SIX CREDITS PER YEAR PLUS PHYSICAL EDUCATION

SUBJECTS	REQUIRED CREDITS	IMPORTANT INFORMATION	8 th GRADE Accelerated	9 th GRADE	10 th GRADE	11 th GRADE	12 th GRADE
English	4	+ Regents in Comprehensive English					
Social Studies	4	+ Regents offered in Global History and U.S. History (1 Regents required)					
Mathematics	3	+ Regents offered in <ul style="list-style-type: none"> • Algebra 1 • Geometry • Algebra 2 					
Science	3	+ Regents offered in <ul style="list-style-type: none"> • Living Environment • Chemistry • Earth Science • Physics (1 Regents required)					
Physical Education	2 (1/2 per year)	State Required Course (4 years)					
Health	1/2	State Required Course					
World Languages	3	Regents Diploma Advanced (Local Exam offered)					
	1	Regents Diploma					
Art and/or Music	1						
Business Education	As elective or sequence						
Home Economics	As elective or sequence						
Technology	As elective or sequence						
Vocational Education	As elective or sequence						
Driver Education	Summer School Only						
Diploma Requirements	22 Minimum						

REMINDER TO STUDENTS AND PARENTS: Check with your school counselor each year to verify credits and courses.



New York State Diploma/Credential Requirements

Revised June 2022

The following chart outlines the diploma and credential requirements currently in effect. The chart provides an overview of the requirements and identifies the student populations that have access to each type of diploma and non-diploma high school exiting credential. Websites are provided to offer more detailed information regarding the requirements for each diploma or credential.

For the full text of the New York State High School Diploma Requirements, reference the Commissioner's Regulations 8 CRR-NY 100.5, [Diploma Requirements](#) as well as the NYSED's [General Education and Diploma Requirements](#) webpage. Reference the [Understanding NYS Diploma Requirements ~ Family Resources](#) webpage to access three flyers and a tracking tool translated into eleven different languages.

Beginning in fall 2022, a select number of schools will pilot the Individual Arts Assessment Pathway. More information may be referenced on the [Individual Arts Assessment Pathway](#) webpage.

Additional questions pertaining to diploma or credential requirements may be directed to the Office of Curriculum and Instruction at emscgradreg@nysed.gov or (518) 474-5922.

New York State High School Diplomas

Diploma Type	Available to	Requirements
Regents Diploma	All student populations	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • successful completion of 1 Pathwayⁱⁱⁱ; and <ul style="list-style-type: none"> • each Regents Exam with a score of 65 or better^{iv} <p>Reference: Diploma Types</p>
Regents Diploma (through traditional appeal)	All student populations	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • successful completion of 1 Pathway^{iii,v}; <ul style="list-style-type: none"> • 1 of the above Regents Exams (including the pathway, if a Regents Exam) with a score of 60-64 for which an appeal^{vi} is granted by the local district per Commissioner's Regulation 100.5(d)(7); and • remaining required Regents Exams with a score of 65 or better^{iv} <p>Reference: Appeals, Safety Nets, and Superintendent Determination</p>
Diploma Type	Available to	Requirements

<p>Regents Diploma with Honors</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages^j, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • successful completion of 1 Pathwayⁱⁱⁱ; and <ul style="list-style-type: none"> • a computed average score of 90 or better on all required Regents Exams (including the pathway, if a Regents Exam) <p>Note: No more than 2 Department approved alternatives may be substituted and will not count in the computed average. The locally developed Checkpoint B examination in world languages is not included in the computed average. In instances where students received exemptions from Regents Examinations, the calculation for the honors endorsement will be dependent upon the number of scored Regents Examinations the student has.</p> <ul style="list-style-type: none"> • Students with a minimum of three scored Regents Examinations applicable to the diploma <ul style="list-style-type: none"> ○ In instances where students have at least three scored Regents Examinations to be included in the assessments required for the diploma type, exemptions due to COVID-19 would be removed from the calculation. If the computed average of the Regents Examination scores required for the diploma (not including exemptions) equals 90 or above, the student earned the honors endorsement. • Students with fewer than three scored Regents Examinations applicable to the diploma <ul style="list-style-type: none"> ○ The student's final course grade for each exempted Regents Examination will be substituted in the calculation for honors. If the computed average of the scored Regents Examinations and the final course grades for courses for which exemptions were granted equals 90 or above, the student earned the honors endorsement. <p>Reference: Regents Diploma with Honors</p>
<p>Regents Diploma with Advanced Designation</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages^j, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 7 required Regents Examsⁱⁱ distributed as follows: 3 mathematics, 2 science (one physical, one life), 1 English, 1 social studies; • successful completion of 1 Pathwayⁱⁱⁱ; and <ul style="list-style-type: none"> • each Regents Exam with a score of 65 or better^{iv} <p>Sequence^{vi}: successful completion of one of the three sequence options:</p> <ul style="list-style-type: none"> • earning an additional 2 units of credit in world languages and passing a locally developed Checkpoint B examination in world languages; or • completing a 5 unit sequence in the Arts; or • completing a 5 unit sequence in CTE <p>Reference: Diploma Types</p>
<p>Diploma Type</p>	<p>Available to</p>	<p>Requirements</p>

<p>Regents with Advanced Designation with an annotation that denotes Mastery in Mathematics</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment and Sequence^{vii}: Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) and scores 85 or better on each of 3 Regents Examinations in mathematics</p> <p>Note: Students who were exempted^{iv} from a Regents Examination in mathematics (due to COVID-19 cancellations) may earn the mastery in mathematics endorsement using one of the following conditions:</p> <ul style="list-style-type: none"> • passed 2 Regents Examinations in mathematics with a score of 85 or higher and was granted an exemption on a third Regents Examination in mathematics; or • passed 1 Regents Examination in mathematics with an 85 or higher and earned a final course grade of 85 or higher in 2 additional mathematics courses culminating in a Regents Examination for which an exemption was granted. <p>Reference: Endorsements and Seals</p>
<p>Regents with Advanced Designation with an annotation that denotes Mastery in Science</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment and Sequence^{vii}: Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) and scores 85 or better on each of 3 Regents Examinations in science</p> <p>Note: Students who were exempted^{iv} from a Regents Examination in science (due to COVID-19) may earn the mastery in science endorsement using one of the following conditions:</p> <ul style="list-style-type: none"> • passed 2 Regents Examinations in science with a score of 85 or higher and was granted an exemption on a third Regents Examination in science; or • passed 1 Regents Examination in science with an 85 or higher and earned a final course grade of 85 or higher in 2 additional science courses culminating in a Regents Examination for which an exemption was granted. <p>Reference: Endorsements and Seals</p>

Diploma Type	Available to	Requirements
<p>Regents with Advanced Designation with Honors</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment and Sequence^{vii}: Meets all assessment and sequence requirements for the Regents diploma with advanced designation (see above) with a computed average score of 90 or better on all Regents Exams required for the diploma</p> <p>Note: No more than 2 Department approved alternatives may be substituted and will not count in the computed average. The locally developed Checkpoint B examination in world languages is not included in the computed average. In instances where students received exemptions from Regents Examinations, the calculation for the honors endorsement will be dependent upon the number of scored Regents Examinations the student has.</p> <ul style="list-style-type: none"> • Students with a minimum of three scored Regents Examinations applicable to the diploma <ul style="list-style-type: none"> ○ In instances where students have at least three scored Regents Examinations to be included in the assessments required for the diploma type, exemptions due to COVID-19 would be removed from the calculation. If the computed average of the Regents Examination scores required for the diploma (not including exemptions) equals 90 or above, the student earned the honors endorsement. • Students with fewer than three scored Regents Examinations applicable to the diploma <ul style="list-style-type: none"> ○ The student's final course grade for each exempted Regents Examination will be substituted in the calculation for honors. If the computed average of the scored Regents Examinations and the final course grades for courses for which exemptions were granted equals 90 or above, the student earned the honors endorsement. <p>Reference: Regents Diploma with Advanced Designation with Honors</p>
<p>Local Diploma (through Traditional Appeal)</p>	<p>All student populations</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages^j, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • Successful completion of 1 Pathway^{iii,v}; and <ul style="list-style-type: none"> • 2 of the above required Regents Exams (including the Pathway, if a Regents Exam) with a score of 60-64 for which an appeal^{vi} is granted by the local district per Commissioner's Regulation 100.5(d)(7); and • remaining required Regents Exams with a score of 65 or better^{iv}. <p>Reference: Appeals, Safety Nets, and Superintendent Determination</p>

Diploma Type	Available to	Requirements
Local Diploma	English Language Learners Only	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ - (one in each discipline: English, mathematics, science, social studies) • Successful completion of 1 Pathway^{iii,v}; and <ul style="list-style-type: none"> • the ELA Regents Exam with a score of 55-59 for which an appeal is granted by the local district per Commissioner’s Regulation 100.5(d)(7); • up to 1 of the above required Regents Exam with a score of 60-64 for which an appeal^{vi} is granted by the local district per Commissioner’s Regulation 100.5(d)(7); • remaining required Regents Exams with a score of 65 or better^{iv} <p>Note: English Language Learners (ELL) seeking an appeal for a score of 55-59 on the ELA Regents Exam are only eligible for an appeal in this area if they entered the United States in grade 9 or after and were classified as an ELL when they took the test the second time.</p> <p>Reference: Appeals, Safety Nets, and Superintendent Determination</p>
Local Diploma	Students with disabilities with an individualized education program (IEP) or if included on the student’s Section 504 Accommodation Plan	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languages^j, 2 physical education, and 3 ½ elective</p> <p>Assessment:</p> <p>a) Low Pass Safety Net Option:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • Successful completion of 1 Pathwayⁱⁱⁱ; and <ul style="list-style-type: none"> ◦ each Regents Exam with a score of 55 or better^{iv} <p>b) Low Pass Safety Net and Appeal:</p> <ul style="list-style-type: none"> • 4 required Regents Examsⁱⁱ (one in each discipline: English, mathematics, science, social studies); • Successful completion of 1 Pathway^{iii,v}; and <ul style="list-style-type: none"> ◦ up to 2 Regents Exams with a score of 52-54 for which an appeal^{vi} is granted by the local district per Commissioner’s Regulation 100.5(d)(7) ◦ each remaining Regents Exam with a score of 55 or better^{iv} <p>c) Compensatory Safety Net Option: scores between 45-54 on one or more of the required science, social studies, or mathematics (as a pathway) Regents Exams, but compensates the low score with a score of 65 or higher on another required Regents Exam. Note: a score of at least 55 (or an approved appeal of 52-54) must be earned on both the ELA and 1 mathematics exam. A score of 65 or higher on a single examination may not be used to compensate for more than one examination for which a score of 45-54 is earned.</p> <p>Reference: Appeals, Safety Nets, and Superintendent Determination and Information Related to Graduation Requirements for Students with Disabilities</p>

Diploma Type	Available to	Requirements
Local Diploma (through Superintendent Determination)	<p>Students with disabilities with an IEP</p> <p>Does NOT INCLUDE students with a Section 504 Accommodation Plan</p>	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment:</p> <ul style="list-style-type: none"> ○ A superintendent's determination made upon a parent's written request, based on review of documentation, as to graduation-level proficiency in the subject area in which the student was not able to demonstrate proficiency of the State's learning standards through the assessment required for graduation. <p>To be eligible for the superintendent determination:</p> <ol style="list-style-type: none"> 1. The student must have a current individualized education program (IEP) and be receiving special education programs and/or related services. 2. The student did not meet the graduation requirements through the low pass (55-64) safety net option or the compensatory option. 3. The student must have earned the required course credits and have passed, in accordance with district policy, all courses required for graduation, including the Regents courses to prepare for the corresponding required Regents Examination areas (English Language Arts (ELA), mathematics, social studies and science). 4. The student must have taken and received a minimum score of 55 on both the ELA and Mathematics Regents Examinations or successfully appealed a score between 52 and 54, except that on or after December 12, 2017, a student who was unable to achieve a minimum score of 55 or did not initiate an appeal of a score of between 52 and 54 on the English and/or Mathematics Regents Examinations may be considered an eligible student for the Superintendent Determination option, provided that the student has completed the requirements for the New York State (NYS) Career Development and Occupational Studies (CDOS) Commencement Credential. 5. There must be evidence that the student participated in all Regents Examinations required for graduation but has not passed one or more of these examinations. 6. In a subject area where the student was not able to demonstrate his/her proficiency of the State's learning standards through the Regents Examinations required for graduation (including ELA and/or mathematics if using the CDOS Commencement Credential to meet the eligibility condition(s) in #4), there must be evidence that the student has otherwise demonstrated graduation level proficiency in the subject area(s). <p>Reference: Appeals, Safety Nets, and Superintendent Determination and Information Related to Graduation Requirements for Students with Disabilities</p>

Diploma Type	Available to	Requirements
Local Diploma (through Special Determination)	All student populations (only applies to June 2022 graduates)	<p>Credit: 22 units of credit distributed as follows: 4 ELA, 4 social studies, 3 science, 3 mathematics, ½ health, 1 arts, 1 world languagesⁱ, 2 physical education, and 3 ½ electives</p> <p>Assessment: To be eligible for the Special Determination, the student must otherwise meet all requirements for graduation in June of 2022 and meet one of the following criteria:</p> <ul style="list-style-type: none"> • The student was enrolled in a course of study or make up program during the 2021-2022 school year leading to a June 2022 Regents Examination, earned credit in such course of study by the scheduled date of the Regents Examination, participated in such examination but did not achieve a passing score or qualify for a Special Appeal; or • The student was enrolled in a course of study or make up program during the 2021-2022 school year that was intended to culminate in the student’s participation in a June 2022 Regents Examination and the student earned credit in such course of study by the date of such examination but was unable to participate in such examination due to illness, including isolation restrictions due to COVID. Such illness must be documented by the student’s physician, or in the case of COVID, in accordance with the Centers for Disease Control and Prevention (CDC) and or local guidelines for quarantine. A student absent due to COVID should follow the locally developed school or district procedures for reporting such absence. <p>Reference: Special Determination to Graduate with a Local Diploma in June 2022</p>
Local Diploma, Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a Career and Technical Education Endorsement	All student populations	<p>Credit: Completes all credit requirements as listed above for specific diploma types and successfully completes an approved career and technical education program</p> <p>Assessment: Achieves a passing score on State assessments as listed above for specific diploma types and successfully completes the 3 part technical assessment designated for the particular approved career and technical education program which the student has completed</p> <p>Reference: Endorsements and Seals</p>
Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a Seal of Bilingualism	All student populations	<p>Credit: Completes all credit requirements as listed above for specific diploma types (Regents or Regents with advanced designation) and meets the criteria for earning the New York State Seal of Bilingualism</p> <p>Assessment: Meets the criteria for Earning the New York State Seal of Bilingualism.</p> <p>Reference: The New York State Seal of Bilingualism (NYSSB)</p>
Local Diploma, Regents Diploma, Regents Diploma with Advanced Designation (with or without Honors), with a Seal of Civic Readiness	All student populations	<p>Credit: Completes all credit requirements as listed above for specific diploma types (Regents or Regents with advanced designation) and meets the criteria for earning the New York State Seal of Civic Readiness</p> <p>Assessment: Meets the criteria for earning the New York State Seal of Civic Readiness.</p> <p>Reference: New York State Seal of Civic Readiness</p>

Non-diploma High School Exiting Credentials

Credential Type	Available to	Requirements
Career Development and Occupational Studies (CDOS) Commencement Credential	All students other than those who are assessed using the NYS Alternate Assessment (NYSSA)	<ul style="list-style-type: none"> • Completes a career plan; demonstrates attainment of the commencement level Career Development and Occupational Studies (CDOS) learning standards in the areas of career exploration and development, integrated learning and universal foundation skills; satisfactorily completes the equivalent of 2 units of study (216 hours) in Career and Technical Education coursework and work-based learning (including at least 54 hours of work-based learning); and has at least 1 completed employability profile; or • Student meets criteria for a national work readiness credential <p>Note: Credential may be a supplement to a Local or Regents diploma, or, if the student is unable to meet diploma standards, the credential may be awarded as the student's exiting credential provided the student has attended school for not less than 12 years, excluding Kindergarten.</p> <p>Reference: Exiting Credentials and Commissioner's Regulations 8 CRR-NY 100.6, High school exiting credentials</p>
Skills and Achievement Commencement Credential	Students with severe disabilities that are assessed using the NYS Alternate Assessment (NYSAA)	<p>All students with severe disabilities who attend school for not less than 12 years, excluding Kindergarten exit with this credential which must be accompanied by documentation of the student's skills and strengths and levels of independence in academic, career development and foundation skills needed for post-school living, learning and working.</p> <p>Reference: Exiting Credentials, Special Education Field Advisory: Skills and Achievement Commencement Credential for Students with Severe Disabilities, and Commissioner's Regulations 8 CRR-NY 100.6, High school exiting credentials</p>

Endnotes

- i. Students with a disability may be excused from the world languages credit requirement if so indicated on the IEP but must still earn 22 units of credit to graduate.
- ii. In all cases students may substitute an assessment from the list of Department Approved Alternative Examinations Acceptable for Meeting Requirements for a Local or Regents Diploma.
- iii. In **addition** to passing the following 4 required Regents Exams or the corresponding [Department approved alternative examination](#), all students must complete **1** of the following pathway options:
 - earn the New York State [Seal of Civic Readiness](#); or
 - pass an additional mathematics Regents Exam in a different course or Department approved alternative; or
 - pass an additional science Regents Exam in a different course or Department approved alternative; or
 - pass an additional social studies Regents Exam in a different course or Department approved alternative; or
 - pass an additional English assessment in a different course selected from the Department approved alternative list; or
 - pass a [Department Approved Pathway Assessment in the Arts](#); or
 - pass a [Department Approved Pathway Assessment in World Languages](#); or
 - successfully complete all the requirements for the [CDOS Commencement Credential](#); or
 - successfully complete an [approved CTE program](#), including the associated 3-part technical assessment.

The additional assessment must measure a different course than that which was measured by one of the four required exams above, or an approved pathway assessment in the Arts, CDOS, or world languages. Additional information can be referenced on the NYSED's [Multiple Pathways](#) webpage.

- iv. An assessment **exemption** may be accepted in lieu of a Regents Examination, pathway assessment, or Department approved alternative exam. Additional information can be referenced in the following FAQs: [June/August 2020](#), [January 2021](#), [June/August 2021](#), and [January 2022](#), and [FAQ on Cancellation of Regents Exam in US History and Government \(Framework\)](#). Additionally, if a school grants a **special appeal**, the student is deemed to have met the assessment requirement. Additional information can be referenced in the [Special Appeals Memo](#) and [FAQ](#).
- v. Regents Exams used to meet the pathway requirement may be appealed.
- vi. Non-Regents pathway assessments and Department approved alternative exams are not subject to the Appeal Process.
- vii. Students with a disability who are excused from the world languages requirement per their IEP need not complete a sequence in world languages nor a 5 unit sequence in the Arts or CTE in order to meet the requirements for the Regents diploma with advanced designation.

CAREER AND TECHNICAL EDUCATION

Career and Technical Education programs in the following fields (building level elective offerings):

- Business Education
- Family and Consumer Sciences
- Engineering Technology

Career preparation programs in the following curriculum areas (*in-district ½ day vocational sequence options). Only juniors and seniors may elect these programs:

- Commercial Foods
- Cosmetology
- Automotive
- Medical Assistant
- Nursing

Career preparation programs can be pursued at Nassau BOCES. (Go to www.barrytech.org for more information)

THE ARTS

Fine and Performing Arts courses may include:

- Music (e.g. Band, Chorus, Orchestra)
- Performing Arts (at Central High School)
- Visual Arts (e.g. Studio in Art, Advertising Design)

DUAL HIGH SCHOOL AND COLLEGE COURSES

Students may earn college credits through various universities by enrolling in the following courses and meeting entrance criteria including:

- Child Development (Adelphi University)
- College Accounting (Farmingdale State College)
- College Math with St. John's University
- College Level Languages with local colleges
- Computers for Business/MOS Certification
- Pre-Calculus (LIU Post)
- Science Research 10-12 (SUNY Albany)
- Spanish 5/Italian 5 (St. John's University)
- Sports & Entertainment (Farmingdale State College)
- Virtual Enterprise (Farmingdale State College)
- SUPA (Syracuse University)
- WWII-Present (Molloy College)

CORE COURSE OFFERINGS

ENGLISH

GRADE	REGENTS	ADVANCED
8 th	English 8 ↘	English 8A
9 th	English 1	↘ English 1A
10 th	English 2 ↘	English 2A or AP Seminar
11 th	English 3 ↘	↘ AP Language
12 th	English 4	↘ AP Literature

AP Language: This college-level course is recommended for students who have been part of the advanced English program; however, capable students from English 2 may be admitted with department approval.

AP Literature: This college-level course is recommended for students who have been part of the advanced English program; however, capable students from English 3 may be admitted with department approval.

Electives: Public Speaking, Journalism, Journalism 2, Introduction to Film, Shakespeare and the Stage, Creative Writing, Creative Thinking for Creative Writing, Ethics: Modern Issues.

SOCIAL STUDIES

GRADE	REGENTS	ADVANCED
8 th	Social Studies 8 ↘	Social Studies 8A
9 th	Global History I	↘ Pre-AP World History
10 th	Global History II ↘	World History AP
11 th	U.S. History and Government ↘	↘ American History AP
12 th	1/2 yr. Participation in Government and 1/2 yr. Economics	↘ U.S. Politics and Government AP

American History AP: This course can also be taken by students who completed Global History II and receive a recommendation by their social studies teacher or by head of Social Studies Department.

U.S. Politics & Government AP: This course can also be taken by students who completed U.S. History and Government and receive a recommendation by their social studies teacher or by head of Social Studies Department.

Electives: America (1945-Present), Sociology, A Multicultural History of America, Students and Law, Psychology for Everyday Life, AP Human Geography, AP Psychology, and Current National Issues.

MATHEMATICS

GRADE	REGENTS	ACCELERATED
8 th	Math 8	Algebra 1 ACC
9 th	Algebra 1	Geometry ACC
10 th	Geometry	Algebra 2 ACC
11 th	Algebra 2 or College Mathematics	Pre-Calculus
12 th	Statistics AP and/or Pre-Calculus or College Mathematics	Calculus AB - AP or Calculus BC-AP and/or Statistics AP

College Mathematics: This course is designed for students who need a solid foundation of mathematical concepts who do not intend to major in Math, Science or Business in college.

Pre-Calculus: This course provides excellent preparation for college-bound students who have successfully completed Algebra 2.

Calculus AB – AP: This course is for students who have completed Pre-Calculus. This course can also be taken by students who have completed Algebra 2 in the upper quartile and who are recommended by their mathematics teacher or by the head of the mathematics department.

Calculus BC – AP: This course is for students who have completed Pre-Calculus.

Statistics AP: This course can also be taken by students who have successfully completed Algebra 2.

Computer Electives: Advanced Computer Applications, Computer Programming, Advanced Computer Programming, Computer Lab, Computer Science AP

Computer Science AP: For students who have completed Advanced Computer Programming

All mathematics courses are Common Core Standards except College Mathematics, Pre-Calculus and all AP classes.

SCIENCE

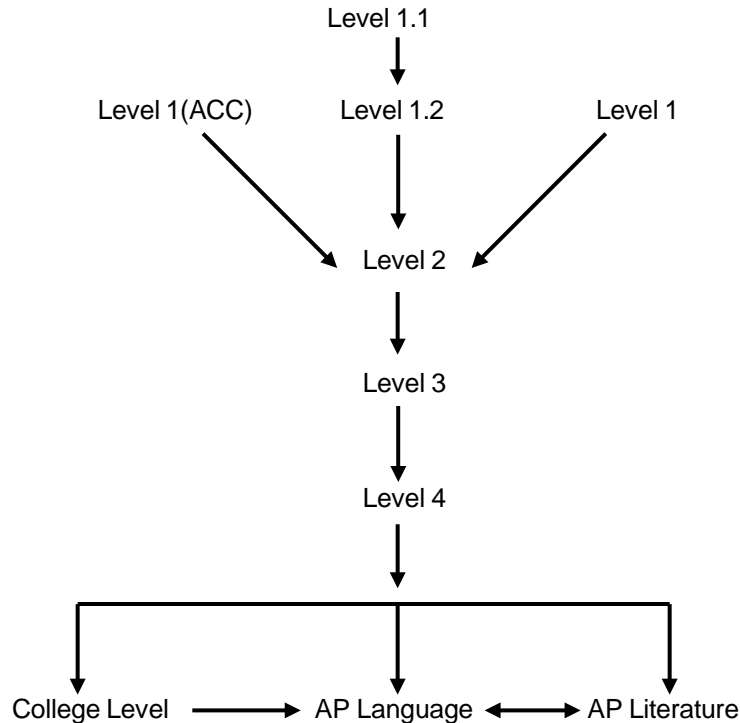
GRADE	REGENTS	ACCELERATED
8 th	Science 8 Earth/Life Science	Living Environment Regents ACC
9 th	Living Environment Regents	Physical Setting: Earth Science Regents ACC
10 th	Physical Setting: Earth Science Regents	Physical Setting: Chemistry Regents ACC
11 th	Physical Setting: Chemistry Regents	Physical Setting: Physics Regents or AP Physics 1
12 th	Physics Regents or AP Physics 1 or AP Elective or other Science Elective	AP Elective

Science Electives: Marine Biology, Bio-Medical Techniques, Environmental Issues, Astronomy, Human Anatomy, Physiology and Forensics.

AP Electives: AP Physics 1, AP Environmental Science, AP Chemistry, AP Biology, AP Psychology

Authentic Science Research is for students in grades 10 through 12. This course fosters the necessary skills and competencies in Scientific Research.

WORLD LANGUAGES (formerly LOTE)



The study of another language is quite practical and rewarding. Colleges highly prefer a background in foreign language study although some may not require it. There are many fields which require knowledge of a second language (e.g., government agencies, import-export businesses, travel and service industries and financial institutions, etc.) and a foreign language background is a decided advantage for employment, especially in the metropolitan area.

Because the sequential study of a foreign language proceeds by level, all offerings in language study have been grouped accordingly.

Middle School Program:

Students are required to begin the study of World Languages no later than grade 8. Beginning courses of language study follow one of these models:

1. Grades 7 and 8 Standard Sequence. A two-year course equaling two units of study (Level 1.1 and Level 1.2) and culminating in one high school credit.
2. Grade 9 Standard Sequence. A one-year course equivalent to two units of study (Level 1 Standard Course) and culminating in one high school credit.

AP Courses: AP Spanish Language, AP French Language, AP Spanish Literature, AP French Literature and AP Italian

Electives: American Sign Language 1, American Sign Language 1, 2, 3 and 4.

TEST SCHEDULE

GRADE	TEST	WHEN
8	ELA Math Science	April May May, June
10	PSAT	October
11	PSAT SAT ACT	October Spring Spring
12	SAT ACT	Fall Fall

GRADE 8 ASSESSMENTS

TEST	WHEN
ELA	April
Math	May <i>(Students taking the ACC Algebra 1 are exempt)</i>
Science	Performance portion in May; Written portion in June. <i>(Students taking ACC Living Environment are exempt; they must get 65% on the Regents)</i>

INTERMEDIATE-LEVEL TEST FORMATS

Test	Time Allotted for Administration
Grade 8 Intermediate Level English Language Arts	Day 1, Book 1: 90 mins. (untimed) Day 2, Book 2: 90 mins. (untimed)
Grade 8 Intermediate Level Mathematics	Day 1, Book 1: 90 mins. (untimed) Day 2, Book 2: 90 mins. (untimed)
Grade 8 Science (Written)	2 hour session / 15 min. prep
Grade 8 Science (Performance)	45 mins. / 15 min. prep
Grade 8 M.A.P.	Computer administered test given over the course of the school year to see academic growth.

Performance levels on State tests are defined by the skills, ability, and knowledge that students demonstrate and reflect how well students are meeting the learning standards.

- ❖ Level 1 indicates students have not met the standards
- ❖ Level 2 indicates students have partially met the standards
- ❖ Level 3 indicates students have met all of the standards
- ❖ Level 4 indicates students are meeting the standards with distinction

Academic Intervention Services may be scheduled for students performing at levels 1 and 2.

HOW CAN I HELP MY STUDENT PREPARE FOR THE TESTS?

You might find the following suggested activities and resources useful in helping your student prepare for the State tests.

- ❖ Take an active role in your student's education and preparation.
- ❖ Work with your student's teacher. Go to parent/teacher conferences and talk about your student's progress and needs. If your intermediate level student does not do well on a State test, he or she may be entitled to extra help from the school. Extra help, or Academic Intervention Services (AIS), may mean extra classes, summer school, before or after school classes, a tutor, or other program. Talk with your student's principal, teacher, or school counselor about what services are available.
- ❖ Work with your student to be sure homework assignments are completed.
 - Establish a regular routine for homework time and place.
 - Encourage use of school-provided agenda books.
 - Ensure your child attends Extra Help and/or Homework Club.
 - It is helpful if parents can provide a quiet and well-lit area for studying.
 - Provide reference materials such as a dictionary, thesaurus, encyclopedia, computer, and Internet access. You and your student can find these materials, including Internet access, at your local public library.
 - Encourage your student to ask questions about the material before, during, and after reading.
 - www.engageny.org is a website developed by the New York State Department of Education to provide information and resources for parents on the new 'Common Core.' Follow the links to Parent-Family Resources.
 - Watch "Homework Hotline." The program features experienced teachers who provide immediate after school help to high school students. It is broadcast on public television stations statewide, Monday through Thursday from 5:30 – 6:00 p.m. For other information go to <http://www.wmht.org>.
 - Urge your high school student to check out "Regents Review Live." This series of review programs helps students prepare for the Regents exams - <http://www.regentsreviewlive.net>.
 - Access "Video on Demand" via your local public television's website. This free education service provides students, teachers and parents with over 20,000 video clips via the Internet. Clips are accompanied by print materials, including teacher guides and student worksheets. The clips can be located by keyword, subject, grade level or New York State Learning Standard. To access the Video on Demand service, go to your local public television station's website and obtain a password.
 - Use the various websites in the ***Guide to Study Websites*** to review skills.
 - Sign up for SAT Question of the Day at <http://sat.collegeboard.org>.
- ❖ Encourage your student to read
 - Work with your child on completing their summer reading project.
 - Urge your student to participate in summer reading programs at the local library or community center. Students who participate in summer reading programs do not suffer learning losses over the summer. They return to school in the fall ready to learn at grade level.
 - Encourage your student to read for pleasure. Reading helps youngsters sharpen their English language skills. The Board of Regents recommends that every student read 25 books a year. Your local public library is a great place for your student to find books that are interesting and challenging.
 - If your family speaks a language other than English, encourage your student to read in their first language. Research shows that a strong first language can improve your Child's English.

MEET THE TESTS

The Redesigned PSAT/NMSQT®

The PSAT/NMSQT is given to Juniors. Some sophomores may elect to take the exam as practice for the 11th grade test. Scores do not become part of the high school transcript. The National Merit Scholarship Corporation uses the results of this test to award scholarships to qualified students.

The PSAT contains of reading, math, and writing/language skills sections. If you've never taken a College Board or similar test, this may be your first chance to see how your skills compare with those of college-bound juniors or sophomores across the country.

In December, you and your parent will receive an email containing a color-coded Score Report Plus which will identify skills that you need to improve as you get ready for college. This makes the PSAT/NMSQT more useful than ever for sophomores, since testing as a sophomore gives you early feedback, thus, an early start on improving your skills as you prepare for college.

For a complete test explanation, see the *Redesigned PSAT/NMSQT Student Bulletin*, or check www.collegeboard.org.

The Redesigned SAT Test ®

The Redesigned SAT Test is one of two tests that can be used for college admissions purposes. Students generally take this test twice -- once in the spring of their junior year, and again in the fall of their senior year. It is approximately a four hour test that has a reading, math and writing/language section. The Reading section includes short and long reading passages that consist of relevant words which cause students to demonstrate their ability to interpret and answer questions based on real world evidence. This section is 65 minutes long containing of 52 questions/tasks. The Math section includes the following g topics: Problem Solving and Data Analysis; the Heart of Algebra; and Passport to Advanced Math. It is 80 minutes long with 57 questions/tasks. The Math section has two types of questions: Multiple Choice and Student-Produced Response questions. The Writing/Language section will include a historical document or a text based on a current global conversation regarding freedom, justice, and human dignity. This section is 35 minutes in length with 44 questions/tasks. The Essay section will now mirror college level assignments where students are asked to persuade their audience. It is 50 minutes long and tests grammar, usage and word choice.

The SAT Subject Tests

The SAT SUBJECT TESTS are college admission tests one hour in length in specific subjects. They are similar to final exams and are required by approximately 150 very competitive colleges. These colleges generally require you to submit three. A student takes an SAT SUBJECT TESTS exam after they complete that year's course, i.e., Chemistry. Please confer with your counselor about taking the SAT SUBJECT TESTS. SAT SUBJECT TESTS are offered in English, History and Social Studies, Mathematics, Science and Languages. For an exact list of exams please go to www.collegeboard.org. Please note: SAT Reasoning Test and SAT SUBJECT TESTS cannot be taken on the same day.

Notes: SAT Subject tests are not part of the standard three-hour SAT Reasoning Test. They are usually given on the same day and in the same place as the SAT Reasoning Test. You cannot take the SAT Reasoning Test and the SAT Subject Test(s) on the same day. Each SAT Subject Test lasts an hour and you can take up to three of them on a test day. Not all SAT Subject test(s) are given on each test date, so check the *SAT Registration Bulletin* or the College Board website at www.collegeboard.org.

ACT

The ACT is the equivalent of the SAT test and is accepted by most colleges. The test has four sub-parts: English, Math, Science Reasoning, and Reading. Generally students take the ACTs in the spring of their junior year and again in the fall of their senior year. Most colleges will accept the ACT in lieu of both the SAT Reasoning Test and SAT Subject Tests.

COLLEGE AND CAREER WEBSITES

Useful College/University Information Web Sites

COLLEGE HOME PAGES: www.universities.com

COLLEGE SEARCHES: The following are commercial sites that offer searchable college databases.

Naviance	For Central High School parents/guardians and students: <i>http://student.naviance.com/vschs</i>
	For Memorial Junior High School parents/guardians and students: <i>http://student.naviance.com/vsmj</i>
	For North High School parents/guardians and students: <i>http://student.naviance.com/vsnhs</i>
	For South High School parents/guardians and students: <i>http://student.naviance.com/vssh</i>
Guidance Direct	www.guidancedirect.com
The College Board	www.collegeboard.org
Peterson's	www.petersons.com
Big Future	https://bigfuture.collegeboard.org/get-in/essays
The Princeton Review	www.princetonreview.com
US News	https://www.usnews.com/education

COLLEGE ENTRANCE EXAM INFORMATION: These are the web site addresses of the Parent organizations of the PSAT's, SAT's, ACT's. The other sites are commercial test prep web addresses:

ACT	www.act.org
College Board	www.collegeboard.org
Test Preps	www.castlelearning.com (Method Test Prep) www.collegeboard.org www.princetonreview.com www.kaplan.com

FINANCIAL AID:

Federal & State	www.hesc.ny.gov
CSS Profile	www.collegeboard.org
FAFSA online	www.studentaid.ed.gov/sa/fafsa
Financial Aid Counselors	www.finaid.org
Loan Information	www.salliemae.com

SCHOLARSHIP SEARCHES: www.fastweb.com
www.collegeboard.org
www.princetonreview.com

ATHLETIC INFORMATION:

Learn about the NCAA eligibility requirements, recruiting, scholarships, Title IX, etc.:

NCAA

www.ncaa.org

ESSAY HELP:

www.collegeboard.org/student/apply/essay-skills/index.html

VIRTUAL CAMPUS TOURS:

www.campustours.com

SPECIAL GROUP SEARCHES:

Catholic

www.catholic-pages.com/dir/colleges.asp

Hispanic

www.hsf.net

Jewish

www.hillel.org

Historically Black Colleges
and Universities

www.HBCUconnect.com

CAREER EXPLORATION:

Naviance

www.Naviance.com

Guidance Direct:

www.guidancedirect.com

Occupational Outlook Handbook

www.bls.gov/oco

Live Careers

www.livecareers.com

Career Browser:

www.collegeboard.org

Career Descriptions:

www.CareerExplorer.com

Occupational Profiles

www.Vault.com

Job Opportunities

www.monster.com

MISCELLANEOUS

Volunteer opportunities

www.volunteermatch.org

NATIONAL AND DEPARTMENT HONOR SOCIETIES

The **National Junior Honor Society** is an honorary organization to which eighth and ninth grade students may be invited to apply. The students must have a minimum GPA of 90 in order to be considered and will also be judged on character, leadership and service.

The **National Honor Society** is an honorary organization to which Juniors and Seniors may be invited, based on the following four equally weighted criteria:

1. Academic average of 90 or better
2. Character
3. Leadership
4. Service

All teachers are asked to evaluate all academically eligible students with whom they have had contact. The faculty committee's review of each student is based on these evaluations with serious consideration given to the number of activities, level of participation, attitude demonstrated, conscientiousness, sense of responsibility and general spirit of cooperation. The student's attendance and discipline record is also reviewed as a measure of character.

A student, once admitted to the National Honor Society, is expected to continue to demonstrate all of the positive characteristics which got him/her accepted. Failure to adhere to school rules, to maintain minimally accepted academic average, or to continue service and leadership may result in a faculty committee decision to remove the honor and privilege of membership from a student.

Mathematics Honor Society - Mu Alpha Theta

A student must have achieved a final average of 90 or better in Integrated Algebra, Geometry, *and* Advanced Algebra/Trigonometry, or have a total point score of at least 278 for the three courses with only *one* grade lower than 90 but not lower than 85. A senior in AP Calculus who was not eligible previously must have a total point score of at least 370 in Math Courses I, II, III and IV with only *one* grade lower than 90 but not lower than 85.

Music TRI-M Honor Society

A student must, in addition to being in good standing with regard to discipline, be a member of the orchestra, chorus or band. Further, 3 of the following 5 criteria must be achieved:

1. 95 average in all performing music classes
2. High school students should have received a 90 or better at a NYSSMA solo festival
3. Participate in the Valley Stream District Music Festival
4. Be a junior or senior
5. Participate in more than one school musical performance group

Science Honor Society

Members must excel in science. Candidates must be enrolled in and have achieved an average of 90 or better in two years of Regents Science. Continued quality in citizenship, service and academic excellence (minimum 85 average in subsequent science courses) are required to continue membership.

Social Studies Honor Society – Rho Kappa

Rho Kappa Social Studies Honor Society is the only national organization for high school juniors and seniors that recognizes excellence in the field of Social Studies. Besides a love of history, eligible students must have a 90 average or better in two full-year Social Studies classes as well as a score of 85 or better on either the Global or U.S. History Regents exam. Rho Kappa participants assist with Social Studies fundraisers as well as provide tutoring for any student struggling in Social Studies. By qualifying application only.

National Foreign Language Honor Society

The candidate must be in at least level three language or in 10th grade. He or she must have a 90% or better average in second language at the time of consideration. In addition, the candidate must have at least an 85% average in all subjects excluding second language. Members must maintain at least a 90% average in second language study.

Occupational Education Honor Society

This society includes the areas of Home Economics, Business and Technology. Students are eligible if they have at least an 85 average in all Occupational Education classes and at least three semesters of Occupational Education courses. They may be currently enrolled in the third semester course(s). In addition, they must meet the criteria established for leadership, character and service as outlined under National Honor Society guidelines. To maintain membership, members must give service of at least two periods per month and must maintain the criteria established for leadership and character.

MAY CHANGE ANNUALLY – CHECK WITH YOUR SCHOOL IF STILL OFFERED

EXTRA/CO-CURRICULAR ACTIVITIES

(Not All Offered in Every School)

Category A: Athletics (Teams)

Badminton
Baseball
Basketball
Bowling
Cheerleading and Kickline
Cross Country
Fencing
Football
Golf
Gymnastics
Lacrosse
Rifle
Soccer
Softball
Tennis
Track & Field
Volleyball
Wrestling

Category B: Athletic Related Clubs

Badminton Club
Basketball Club
Competition Cheerleading
Club
Gymnastics Club
Racquetball Club
Swimming Club
Tennis Club
Track Club
Varsity Club
Weight Lifting/Universal Gym
Wrestling (Intramural)

Category C: Music

Band
Chorus
Orchestra

Category D: Music Related

7:10 Downbeats
Brass Ensemble
Breakfast Club String Ensemble
Chamber Singers
Guitar Ensemble
Jazz Ensemble
Jazz Show Choir
Kickline
Long Island Connection
Men's Chorus
Opus String Ensemble
Spartones
Stage Band
Swing Choir
TRI-M Music Honor Society
Wind Ensemble
Women's Chorus

Category E: Dramatics

Drama Troupe
Major Musical or Dramatic Production
Minor Musical or Dramatic Production
One Act Play Contest
Yearbook

Category F: Clubs

Art and Poster Club
Art Club - Photography
Art Honor Society
Beautification Club
Biology Club
BRAVE (Bully Reduction Anti-
Business Honor Society
Ceramics Club
Chess Club
Classweek Program
Computer Club
Culinary Club
Culture Club
Debating Club
Ecology Club
Engineering Club
Environmental Club
Fitness Club
Flag Team

Category F: Clubs (contd)

Foods Club
Future Business Leaders of America (FBLA)
Great Books Discussion
Gymnastics Club
Home Economics Honor Society
Homework Club
Interact Club
It's Academic
Italian Club
Key Club
Kids on the Block
Language Honor Society
Law Club
Leadership Club
Linnaean Society
Literary Magazine
Mathcounts
Mathematics Honor Society
Model Congress
National Honor Society
National Junior Honor Society
Newspaper
Occupational Educational Honor Society
PALS
Peer Mediation Program
Peace Club
Photography Club
Physics Club
Poetry Club
Quiz Bowl
Spartan Steppers
Step Club
S.T.O.P. Club
SADD
School Store
Science Honor Society
Scrabble Club
Student Council
Table Tennis Club
Tech Club
Thespians Society
VICA (Cosmetology) Club
Video Club

SA MPLE RESUME

Janet A. Scholar
7890 Kent Road
Valley Stream, New York 11580
(516) 555-5555
jscholar@abc.com

HONORS AND AWARDS

National Honor Society	Grade 11, 12
o Treasurer	Grade 12
Class Act	
o Third Place in Band Competition	Grade 10
o First Place in Band Competition	Grade 11
Honor Roll	Grade 9, 11, 12

EXTRACURRICULAR ACTIVITIES

Student Peer Leader	Grade 12
o Presenter for Programs Involving Social Issues	
o 2 Hours a Week	
Varsity Football	Grade 11
o 25 hours per week	
o Defensive Tackle	
Junior Varsity Football	Grade 9
o 20 hours per week	
o Defensive Tackle	
Varsity Basketball	Grade 10, 12
o 15 hours per week	
Theatre/Tech Crew	Grade 9, 10, 11, 12
o 15 hours per week during all productions	
Chorus	Grade 9, 10, 11, 12
o Bass	
Musical	Grade 9
o "High School Musical"	
o Actor	
The "Spotlight"	Grade 9
o Journalist	
The "Crier"	Grade 10, 11
o Journalist	
o Editor	Grade 12

COMMUNITY SERVICE

Kids on the Block	Grade 10, 11, 12
o Puppeteer teaching children about people with disabilities	
o Fundraising Rock-A-Thon at local mall	
"STOP" (Students & Teachers Opposing Prejudice)	Grade 10, 11, 12
Franklin Hospital Medical Center	
o Volunteer	Grade 10, 11

WORK EXPERIENCE

King Kullen	
o Cashier	Grade 12

RESUME WORKSHEET

Name _____
Street Address _____
City, State, Zip Code _____
Telephone # _____
Appropriate Email address _____

HONORS AND AWARDS

_____	Grade _____
○ _____	
○ _____	
_____	Grade _____
○ _____	
○ _____	
_____	Grade _____
○ _____	
○ _____	
_____	Grade _____

EXTRACURRICULAR ACTIVITIES

_____	Grade _____
○ _____	
○ _____	
_____	Grade _____
○ _____	
○ _____	
_____	Grade _____
○ _____	
○ _____	
_____	Grade _____

COMMUNITY SERVICE



_____	Grade _____
○ _____	
○ _____	
_____	Grade _____
○ _____	
○ _____	

WORK EXPERIENCE

_____	Grade _____
○ _____	
○ _____	
_____	Grade _____

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STUDENT TRANSCRIPT

Student Information				School Information				
[REDACTED]		ID	[REDACTED]		Valley Stream CHSD Valley Stream Central Sr. HS 135 Fletcher Avenue Valley Stream, NY 11580			
		DOB	[REDACTED]					
		SEX	Female					
		DATE	1/6/2020					
Guidance Counselor	Kathy Hardy-Travalee		Guidance Office:(516) 561-4422 CEEB Code Number 335710					
Graduation Date	June 30, 2020							
Diploma Type								
Course Title	Grade	Credit	Course Title	Grade	Credit	Testing Information		
Year: 2015 - 2016			Year: 2019 - 2020 (Current Year)			Test	Date	Score
ALGEBRA 1 ACC	89	1.00	AFRICAN-AMERICAN HISTORY		0.00	Regents Living Environment	06/15/2016	85
LIV ENVIR ACC	89	1.00	AP CALCULUS AB		0.00	Regents Common Core Algebra I	06/16/2016	84
NAT JR HONR SOC	P	0.00	AP ENGLISH LITERATURE		0.00	Spanish County Proficiency	06/20/2016	89
SPANISH 1.2	92	1.00	AP PSYCHOLOGY		0.00	Regents Phy Set/Earth Sci	06/15/2017	86
Total:		3.00	AP US GOV & POL		0.00	Regents Common Core Geometry	06/16/2017	77
Year: 2016 - 2017			CLASS OF 2020		0.00	Regents Global History Transition	06/05/2018	99
AP HUMAN GEOGRAPHY	96	1.00	COLLEGE SPANISH		0.00	Regents Common Core Algebra II	06/14/2018	83
EARTH SCI ACC	94	1.00	HS PHYSICAL EDUCATION		0.00	Regents Phy Set/ Chemistry	06/20/2018	83
ENGLISH 1A	94	1.00	KEY CLUB		0.00	Regents Common Core ELA	01/22/2019	92
GEOMETRY ACC	89	1.00	NATIONAL HONOR SOCIETY		0.00	Regents US History&Govt	06/18/2019	99
GRADE 9 COUNCIL	P	0.00	ORCHESTRA		0.00	LOTE Spanish County Assessment	06/24/2019	89
LEADERSHIP DEVEL-HS	P	0.00	SCIENCE HONOR SOCIETY		0.00	Regents Phy Set/Physics	06/25/2019	89
NAT JR HONOR SOC	P	0.00	SPANISH NATIONAL HONOR S		0.00			
ORCHESTRA 9	97	1.00	WORLD OF DIFFERENCE PEEI		0.00			
PALS 9	P	0.00	Total:		0.00			
PHYS ED 9	98	0.50						
PRE AP WORLD HISTORY	91	1.00						
SPANISH 2	87	1.00						
STEP SQUAD	P	0.00						
YEARBOOK JHS	P	0.00						
Total:		7.50						
Year: 2017 - 2018								
ALGEBRA II ACC	90	1.00						
AP SEMINAR	95	1.00						
AP WORLD HISTORY	95	1.00						
CAREER & MONEY MANAGEM	94	0.50						
CHEMISTRY ACC	91	1.00						
CLASS OF 2020	P	0.00						
CULINARY CLUB	P	0.00						
HEALTH SH	99	0.50						
HS PHYSICAL EDUCATION	95	0.50						
ORCHESTRA	100	1.00						
SPANISH 3	96	1.00						
Total:		7.50						
Year: 2018 - 2019								
AP ENGLISH LANGUAGE	96	1.00						
AP PHYSICS 1	89	1.00						
AP U.S. HISTORY	99	1.00						
CLASS OF 2020	P	0.00						
CULINARY CLUB	P	0.00						
GOURMET FOODS	99	0.50						
HISTORY HONOR SOCIETY	P	0.00						
HS PHYSICAL EDUCATION	95	0.50						
KEY CLUB	P	0.00						
NATIONAL HONOR SOCIETY	P	0.00						
ORCHESTRA	100	1.00						
PRECALCULUS ACC	91	1.00						
SAT PREP	P	0.50						
SCIENCE HONOR SOCIETY	P	0.00						
SPANISH 4	95	1.00						
SPANISH NATIONAL HONOR S	P	0.00						
WORLD OF DIFFERENCE PEEI	P	0.00						
Total:		7.50						
Rank in Class								
Class Size	314	Calc. Date	9/26/2019					
Wtd Avg.	99.28	Wtd Rank	27					
Total Credits:					25.5			
Profile								
ENROLLMENT IN GRADES 9-12		PERCENT GRADUATES ENTERING COLLEGE			PASSING MARK			
1300		58% 4 YR COL. 42% 2 YR and Other			65			
The grade point average reflects a weighting factor ONLY for advanced placement courses completed by the student as follows: For each advanced placement final grade of 95-100, 1.0 is added to the grade point average. For each advanced placement final grade of 90-94, 0.8 is added to the grade point average. For each advanced placement final grade of 85-89, 0.6 is added to the grade point average. For each advanced placement final grade of 80-84, 0.4 is added to the grade point average. For each advanced placement final grade of 75-79, 0.2 is added to the grade point average. For each advanced placement final grade of 65-74, 0.1 is added to the grade point average.								
						 School Principal		
						Official Transcript only when signed or bearing the school seal		

**Prepared by the District Guidance Office
Valley Stream Central High School District
www.vsched.org**